



Helping Our Ukrainian Friends - Easter Appeal

The war in Ukraine is one year old on 24th February. The suffering of its people goes on. Our help and moral support remain much needed.

A group of local residents and companies have been supporting Ukrainian refugee communities in Poland and Ukraine since the start of the war in February 2022, delivering over 20 tonnes of food, clothing and medical supplies. They have also recently completed delivery of 37 generators to churches, schools, orphanages and community centres across Ukraine. They are now planning their 8th delivery – a major campaign to coincide with Easter, taking more food and medical supplies to locations on the front line of the war, including Sumy, Kherson, Bakhmut and Liman.

Before Christmas the team drove out to Ukraine with three vans full of food and gift boxes. On 15th March, they will be driving out again, this time aiming to take at least five vans full of much needed food, camping stoves, torches, candles and Easter Gift Boxes.

Can you help us please?

The items we need are:

- Rice / Flour / Pasta / Noodles.
- Any tinned foods.
- Aspirin/Paracetamol/Multivitamins.
- Sanitary products for women and babies.
- Sleeping bags
- **No items of clothing or footwear please**
- ★ Hygienic items: toothpaste & brush, shampoo, body wash, etc.
- ★ Items for school: crayons, pens, pencils, erasers, colouring books, etc.
- ★ Hats, gloves and scarves.
- ★ Soft toys, puzzles, games.
- ★ Sweets & chocolates (sealed packets only with +6mth expiry).

Decorated Gift Boxes for children or older people to include items opposite:

- ⊙ **The following items should not be put in the gift boxes:**
- ⊙ perishable items, medications & vitamins, military books or toys, perfumes, etc.

**Any donations for collection – please contact
Keith and Myra Scott – Tel. 01205 722013**

You can find out more about the project on the Facebook Page and donate on the Just Giving site:

<https://www.facebook.com/HelpingUkrainesSurgeons>

You can donate here: <https://www.justgiving.com/crowdfunding/helpingukrainesurgeons>

And the You Tube videos show the project delivering the supplies into Ukraine!

<https://youtube.com/playlist?list=PLy0QCmIALTCVSGeIUFGmtNimtouWhnjx->

For further details contact Richard Astle on richard@athene-communications.co.uk

Or 07885 252571