

# Worried by how you're treating someone you love?

It's time to  
make things  
better

It's time  
to make a  
change

Call us on 01522 246616 for a chat about  
how we can help.



**RESPECT**  
MEN & WOMEN WORKING TOGETHER TO  
END DOMESTIC VIOLENCE

**change that lasts**  
the right response to domestic abuse

Get in touch to learn  
more, or refer yourself  
or someone you know:

-  [www.makeachange.uk.net](http://www.makeachange.uk.net)
-  01522 246616
-  [referral@makeachangelincs.org.uk](mailto:referral@makeachangelincs.org.uk)