



FRAMPTON FOCUS

JUNE/JULY 2018

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Keep Fit Over 50's

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Maria 722191

Keep Fit and Dance and Beginners Tap

Jo Sutton 723971

Mothers Union

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Frampton WI

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Jo-

Editor



Could there be a more beautiful village than Frampton in the summer? The air is full of birdsong, the bees are coming back to the garden, the grass is growing (a mixed blessing perhaps!) and the weather man tells us we are going to have a long hot summer. There is an air of expectancy, the roses are budding, the daisies have surfaced and Frampton is about to launch into Summer. Framfest is just around the corner and the programme looks brilliant this year, be sure to get your wrist bands. In July the Lincolnshire International Chamber Music Festival arrives to play in St Marys for the first time. Chris from the RSPB helps us to decide exactly when Summer has arrived and invites us all to go pond

dipping! David is having a worrying time with the bees till the new Queens take over and the hives settle back down again. Maggie explains what's happening at the Gardening Club and invites us all to the Produce show in September. John Marshall almost does the book review - Over Fen and Wold by John James Hissey. The WI is championed by Janice who invites all interested ladies to pop along for a night out and see what the WI is all about. Frampton Community Pre School have a few spaces available for the new term, The book review this month is quite eclectic and the Recipe is ..well ..its just wicked. Thank you to Tim Sharpe for sending me this photo entitled 'the disappearing landscape at Middlegate Rd Frampton' and featuring Jim Fuller and Barry Curtis , keep the pics coming please! If you have a book review in you or a recipe or just want to talk to the village through this medium pop it in an email or my letterbox for the next edition, copy deadline 19th July ..Paulas Gifts in Kirton have very kindly offered to have copies for you to pick up as do the Kirton doctors, Kirton Leisure, Frampton Village Hall and St Marys Church. Our email list is growing if you would like a copy emailed to you please let me know. Have a lovely Summer!

Vanessa

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Annual Summer Fayre!
On Saturday 9th June
11am-2pm

Tombola
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Books
Plants
Flower Arrangements
Tea and coffee
And much more!

Light lunches

At Kirton Methodist Church
London Road

Annual Summer Fayre!
On Saturday 9th June
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Tea and coffee
And much more!

Light lunches

At Kirton Methodist Church
London Road

RSPB.....Summer is a coming in!



Well, the middle of summer will soon be here. Wait, what? Spring has only just sprung and I'm blethering on about mid-summer. What is going on?

Well, this is one of the odd things about the seasons. Since it takes a while for the sun's rays to properly warm the Earth, the weather always lags a bit behind what might be expected to be the seasons. The longest day or summer solstice, when we have the most light, is nearly always on 21 June. Confusingly,

'midsummer day' often lags a little bit behind this, usually being considered to be 24 June. But the warm weather we associate with summer is generally in July and August. Though August is normally also somewhat rainy. Yes, the suspicion that it rains through the holidays is actually true! Statistically speaking August is wetter than any of the preceding 6 months.

Anyway, getting back to the seasons. From a heliocentric (ie related to the sun) point of view the summer might be expected to be May, June and July. Whereas from a weather point of view it is considered to run from late June to early September. Some older calendars, notably the celtic one, used sun-based systems but these days we all seem to base our seasons on the weather. Old celebrations of the solstice seem to have died out too, except in parts of Cornwall where bonfires are still lit. The famous modern celebrations at Stonehenge and other similar sites are decidedly modern, only starting in the early 20th century.

In nature too, there are differences of opinion. Some birds that come to us for the summer, such as swallows, will stay with us until October. Others, like some warblers, will be heading back to Africa in July. Certainly by August we will start to see extra wading birds at Frampton Marsh. They will have raised chicks further north and will be on their autumn migration southwards.

From our point of view though, this is often the time when the weather starts getting better and minds turn towards enjoying the outdoors. And we have various ways you can enjoy yourself down at the reserve. Maybe you'd like a tour, led by one of our guides? Les runs walks on the second and fourth Sunday of each month. If you prefer to do your own thing, maybe a spot of pond-dipping. No, it isn't just for kids (though they do love it). You can hire nets from the visitor centre and dip in our pond to find newts, fish and more. The kids may also love our activity backpacks with fun things to do as they explore the reserve. Hope to see you soon!

Chris Andrews

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May £25 Number 45 Mrs S. Crowder

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A Good Read

Since breaking a foot in March, being encased in plaster and then an orthopaedic boot, and having a wife that yells at me every time I try to move or do anything remotely practical, I've had the opportunity to catch up on my reading.

First of all – who doesn't like a bargain? Looking for something light and a little different, my Kindle search brought up a series of legal thriller/mysteries written by author Tony Dunbar, set in New Orleans, featuring a Lawyer who sails a little close to the wind with the unlikely name of Tubby Dubonnet. Sounds terrible, doesn't it? In actual fact, this is a great series of books. I had the good fortune to visit New Orleans a few times in my working life, and the city setting, music, food and Mardi Gras atmosphere that the novels portray is spot on. A great series of eccentric and shady characters, including Tubby's business partner, his divorced wife and three children come and go through the novels to inflict successive blows to his business and personal life, and to which, in most cases, Tubby eventually finds a solution, either within or beyond the law. The first 5 volumes of the Tubby Dubonnet Mysteries, by Tony Dunbar, are available on Kindle for £5.52 – a great deal.

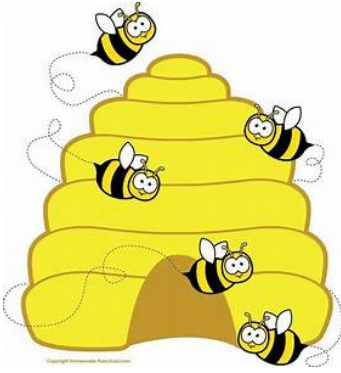
I shared my enthusiasm for the Dam Busters, by James Holland, in a previous review. Since then, by the same author, I have read The Battle of Britain and then two volumes of The War in the West (A New History, Vol 1 and 2). I do like how this man writes – his military histories do not just deal with the tactical battles and recounted personal accounts of the conflict, but unravels the political, social and economic situation of the time and the legacy of previous generations that led up to the major events covered in each book.

I have been fascinated by so much that I wasn't aware of in all of James Hollands books – for example, Churchill offered to cede Northern Ireland to the Republic if Britain could use Irelands west coast ports as naval bases during the War. British farming doubled production from pre-war to wartime harvests, and British armaments production outstripped German production from late 1940 onwards; the lack of raw material and labour increasingly restricted the German war effort throughout the conflict.

The War in the West volumes cover all of the European theatre conflicts – the lead up to and the invasion of Poland, Norway, the low Countries and France, the Battle of Britain, the Atlantic, Yugoslavia, Greece and Crete, the North African campaign, East Africa and the Middle East, the interaction between Italy and Germany, Russia and Finland, the increasing pressure upon, and assistance from the USA to the point where they enter the war. Vol 2 runs up to 1943 and the conclusion of the Tunisian campaign, and several major Russian successes, which mark the turning point of the war. These are not dry or difficult books to read, but really engaging page-turners. For anyone interested in the events of the WW2 period, I thoroughly recommend.

Phil Jameson

A Taste of Honey



Suns out, bees are out and very busy now. I'm having to inspect the colonies regular to avoid losing my bees to swarming. (Again)! Swarming is quite natural, it is basically colony reproduction. As the number of bees in a colony increases to the point of overcrowding, queen cells will be produced inside the hive. Left unattended new queens will emerge and consequently your old prolific queen will take flight to find a new home along with half your

colony. The new emerging queen bees will then fight to the death leaving one dominate virgin queen in the hive. She will need to leave the hive temporarily to find mates, making her return to begin the cycle of life laying eggs and rearing new bees to get her hive ready for Autumn and Winter.

The other half of your colony with the old queen will search for a new home, forming a swarm cluster in trees, on walls, in chimneys, anywhere off the ground whilst finding the perfect habitat to start their new home. My job is to make sure there is enough room in the hive to accommodate all my bees, removing any developing queen cells before they can emerge and of course preparing for a swarm, just in case I miss just one

David Shaylar



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Chamber Music Festival



LINCOLNSHIRE INTERNATIONAL
CHAMBER MUSIC
— FESTIVAL —

The Lincolnshire International Chamber Music Festival comes to Frampton!

I thought I'd let everyone know about a concert at St Mary's on the 28th July at 7.30pm. This is part of a festival that's been going for just over ten years and the idea is that musicians who play to an international standard bring concerts to beautiful buildings all over the county. 'All over the county' hasn't very often included the area around Boston though, so it's great that we'll be hosting a concert this year. It will last about an hour and three quarters and the Salome Quartet (made up of four prize-winning young players) will be playing three related string quartets. The first is by Debussy – it's the anniversary of his death this March – the second is by Rimsky-Korsakov whose work influenced Debussy – this one is rarely played – and the third is by Ravel who drew on Debussy's string quartet to write his own. So there'll be a shared atmosphere to these works.

A bit more about the festival: I came across it the first year I was up in Frampton when I went to a concert in Moulton. I thought how nice it was for concerts like this to be put on for a very local audience in the summer. People just walked over or down the road, had a chat during the interval and then potted home afterwards. Just a pleasure.

Steph Germer at the Lodge and I have volunteered ourselves onto the festival board this year and we're trying to think about how to add to what we already enjoy in the way of local musical activity in and around Boston. If you're interested in thinking along with us or you'd like to join in with any activities, we'd be delighted to hear from you. You could even become a Friend of the festival!

You'll be able to book tickets online or by phone at the Lincoln Drill Hall from May 14th (01522 873894).

Janet (Floyd)

Church View

janet.floyd@kcl.ac.uk



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with Danni - 07917 897292

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with Abi - 07538 819472

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Frampton Gardening Club



May and June have to be the loveliest months in the gardening year, the beautiful bright green of the trees and plants complement the abundant flowers, even the lanes are lined with the white lace of cow parsley, or Kexy, as



it is known in Lincolnshire.

Our Garden club meetings have been busy and varied, Alison Walling's April illustrated talk about Lincolnshire willow and its uses, was both informative and inspiring. We were advised of the best varieties to grow for weaving and to achieve colour variations, any willow structures springing up in the area could well be down to her! The meeting at the end of May will be the club AGM, a chance to review the past year and plan for future events. The club outing in July to Houghton Hall and Gardens is already fully subscribed and seats only available due to last minute cancellation, but we have a car-share outing to Barnsdale Gardens on June 20th. Our annual Produce Show held at our venue, Frampton Village Hall on 30th September, will be a chance for our members to show off their horticultural expertise and win prizes, it's also a chance for many prospective new members to come along and join in the fun. Chelsea Flower Show it is not, we don't take ourselves too seriously, but you would be amazed how competitive it can become. Talking of Chelsea, in the last week in May our television screens will be filled with the wonderful extravaganza that is the greatest flower show on earth, any of you lucky enough to be going, will doubtless come home overwhelmed and inspired and possibly exhausted. You can expect a warm welcome and a more restful evening if you join us from Thursday 30th August at 7.30pm at Frampton Village Hall. There are no village hall meetings in June and July due to our outings.

Maggie Welberry



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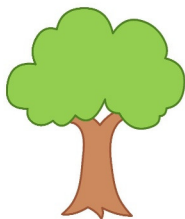
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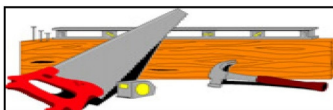
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Kirton Kids Club



**Finally some wonderful weather – the children love it!
Scooters skateboard, foot ball, games and outside equipment
with snacks outside too – it makes such a difference.**

**The children have been enjoying new games and toys, arts
and crafts too – thank you too all that have helped towards
these.**

**They take home their art work each day – very proud to have
made something special for themselves or their adults.**

**The breakfast club starts at 7.30 am until school and after
school is open until 5.45 pm.**

**Each session giving parents/carers chance to extend the
school day and their working hours – children having fun with
friends – breakfast in the morning and afternoon snack – all
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**£3.50 before school and £5.50 after school – with a 10% de-
duction for related siblings booked in at the same session.
The Kids Club is open term time - matching Kirton Primary
school opening days.**

**If you wish to know more or ask about availability please call
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Cover Photo by Vanessa

PHIL HAINES

COACHES

DAY EXCURSIONS AND HOLIDAYS
LET THE ADVENTURE BEGIN...

EXCURSIONS

July 2018

25th Brigg Garden Centre and Hemswell Antiques £10

30th Bakewell and the Peak Shopping Village Adult £16 Child £14

August 2018

3rd Beside the Seaside £10

9th A Big Day Out in London Adult £22 Child £19 Family ticket 2+2 £70

13th Norwich in the Summer £10

16th Scenic Suffolk and the Chocolate Lady £35 inc. Tour Guide & Chocolate

21st Norfolk Paddleboat Adventure Adult £21.50 Child £19 inc. Paddle Boat Ticket

22nd Cambridge in the Sun £10

30th Beautiful Beverley £10

31st Cadbury World Adult £30 child £28 inc. Cadbury World Ticket

September 2018

16th National Arboretum £25 inc. Train Ride Ticket

October 2018

11th Historical Ely £10

24th Autumn in the Wolds £10

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Focus on Faith...Time to Celebrate

Summer weather arrived on May Day - with record breaking temperatures over the following weekend. What a contrast! The warmth brought a feel good factor as we switched off the central heating and took the opportunity to have our first BBQ of 2018! In April it was



25 years since I was first licensed to Reader ministry. Then on Star Wars Day - 'May the 4th be with you' - my 65th birthday! Three days later I cycled down to the RSPB site. The pungent smell of oilseed rape in full bloom along Frampton Roads was somewhat overpowering but like cheerful sunflowers - produce one of my favourite colours! At the reserve, the loud combination of birdsong indicated a place full of life. There were also many visitors. Continuing along Wyberton Roads and Streetway, I heard a cuckoo.

On Pentecost Sunday we celebrated the birthday of the church with the coming of the Holy Spirit. *Reading: Acts chapter 2. verses 1-21.*

If you are looking forward to a holiday break - you might want to read what fellow travellers thought of Frampton and Lincolnshire... in 1898: 'So by "indirect crooked ways" we reached Frampton, an out-of-the-world village, a spot where one might go in search of peace when weary of men's voices and their tread, of clamouring bells and whirl of wheels that pass'.

From 'Over Fen and Wold' - by James John Hissey - page 243 ([pdf](#) 284).

You can download via a link from the Frampton Guide page of the church website or buy the book. Enjoy!

May you know God's Blessing and Peace.

John Marshall - Reader

SERVICES	St Leodegar's	St Michael's	St Mary's
June 3	9.30am	8.30am	11am
10	9.30am	-	11am
17	9.30am	-	11am
24	9.30am	9.30am	11am
July 1	9.30am	8.30am	11am
8	9.30am	-	11am
15	9.30am	-	11am
22	9.30am	9.30am	11am
29	Group >>	09.30am	<< Service

Focus on Faith Wordsearch

At least 29 words - two appear twice!

Answers on page 25

S	R	E	W	O	L	F	N	U	S
T	H	G	U	O	H	T	G	S	Y
C	R	O	O	K	E	D	N	P	A
R	S	U	N	D	A	Y	I	I	D
S	E	A	R	C	H	A	R	R	I
P	R	C	R	A	E	D	U	I	L
W	U	T	O	D	A	H	O	T	O
H	T	N	U	R	R	T	M	S	H
E	A	I	G	A	D	R	A	O	O
E	R	A	P	E	E	I	L	C	O
L	E	P	A	H	N	B	C	E	K
S	P	R	T	I	L	T	H	T	C
R	M	A	S	P	O	T	O	N	U
A	E	T	A	R	B	E	L	E	C
W	T	S	L	L	E	B	Y	P	L

Please check the weekly pew sheet or our * online calendar for details of services - which may vary, especially during our Priest vacancy.

www.framptonchurch.com or www.wybertonandframpton.org

Tickle Your Tastebuds..Frozen Choc Cheesecake

Recently I have been transfixed by Jamie Oliver. Not his rippling muscles but the fact he has made a new series out of meals containing just 5 ingredients!

Going one better ...or one less , is this months recipe. You have to love chocolate and hazelnuts and cornflakesbut its yummy in very small slices, and totally decadent in larger portions. So here we go

Ingredients

200g honey nut cornflakes
2 x 400g jars of chocolate hazelnut spread
2 x 180g pots of full fat cream cheese
1 tbsp roasted and chopped hazelnuts



Method

Put the cornflakes and half a jar of chocolate spread in a bowl and beat to combine, press the crushed mixture into a 23cm springform tin

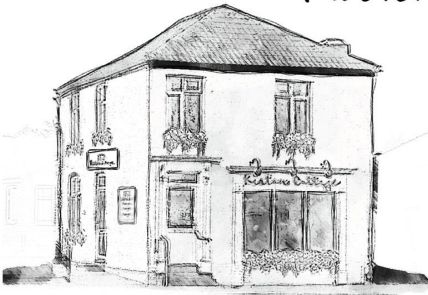
In a separate bowl beat the cream cheese till smooth and fold the rest of the chocolate spread in till mixed through. Spread on top of the crushed cornflake base, cover and freeze overnight.

Remove from the freezer 20 mins before you want to eat it. Serve in slices sprinkled with the chopped hazelnuts and a dollop of cream !!

I think Jamie Oliver has people to wash up for him ... There's very little washing up to do hereEnjoy !

Kirton Cottage

Have a look at our latest reviews on Tripadvisor



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MON	Kirton Leisure Centre	BOX FITT	7.00pm - 7.45pm
TUES	Kirton Leisure Centre Studio, Kirton End Studio, Kirton End Kirton Leisure Centre	PILATES PILATES PILATES PILATES	9.00am - 10.00am 10.30am - 11.30am 12.30pm - 1.30pm 6.00pm - 7.00pm
WEDS	Kirton Leisure Centre Kirton Leisure Centre Kirton Leisure Centre	PILATES LBT PLUS BOX FITT	9.00am - 10.00am 6.30pm - 7.15pm 7.30pm - 8.15pm
THURS	Kirton Leisure Centre Studio, Kirton End Sportsman, Rosebery Ave	PILATES PILATES PILATES	10.00am - 11.00am 1.00pm - 2.00pm 6.00pm - 7.00pm
FRI	Kirton Leisure Centre	PILATES	9.00am - 10.00am

• BOX FITT

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• LBT PLUS

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Frampton WI



Have you ever considered joining your local WI at Frampton? If not, what is holding you back? When I thought about joining a few years ago, I was worried that I would be the youngest member, and that it would be very traditional and staid. I finally plucked up the courage to go for a visit and could not have been more wrong in my preconceived image. Here at Frampton WI we have a variety of ages of members – all with something interesting and important to add to the meetings. Friendships blossom across all the

members and we all learn from each other.

The last year has been full of activities and outings and we have had a wide variety of speakers at our meetings – entertaining and informing us on many subjects. Here are just some of the things we have done. We learned about acupuncture; the life and times of a home economist (hugely entertaining!); stained glass; dementia; the adventures of a removal man (the things we heard!); had a craft evening where members shared their knowledge on knitting, sewing, crochet to name just a few; had a dance display (and some of our members signed up for a beginners tap class); learned all about saris from one of our own members; had trips to the ballet, the cinema, Bateman's Brewery, The Spalding Gentleman's Society; provided refreshments at the Frampton Craft Fair; eaten some lovely afternoon teas..... and much, much, more.

As you can see, we are so much more than jam and Jerusalem! If you are worried about coming along on your own – don't be. We always make sure that you are not sat on your own and the group is so welcoming. It would be fantastic if some ladies from other countries could come along and see what we do and add to our already culture-rich community.

This year's programme is jam packed (see what I did there?) with a wonderful array of speakers and activities planned. So, what are you waiting for? There is nothing stopping you – you have nothing to lose and such a lot to gain. We meet on the second Thursday in each month at 7.30 pm and your first visit is free. (No meeting in August)

For more information about our WI please call

Vanessa Jameson (President)	07955 763473	vanessajameson@btinternet.com
Carol Patrick (Secretary)	01205 722879	carolpatrick@gmail.com
Janice Cotgreave (Press)	01205 724617	janice.cotgreave@btinternet.com

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Frampton Community Preschool



The children are enjoying being able to play outside and because of the number of staff we have they are able to choose throughout the morning where they would like to play.

We often make use of the playing field at the back of the village hall, where we all go for a walk together and sometimes we “go on a bear hunt”. We have recently had visits from “Zoolab” where the children are able to meet different sorts of animals, they hear all about them and if they are brave enough can touch or stroke them. The children get the chance to take part in lots of different activities throughout the time they spend with us and we always make sure it’s fun as well as educational too.

We have some children that will be leaving for “Big School” soon and we are helping them get ready for this, often scary time.

The staff at Preschool have been busy as well, attending workshops and courses to enhance what they already know, this helps them continue to assist in the children’s learning and development.

We are looking forward to September and we will have places available for 2, 3 and 4-year olds, although children can start at any point in the year.

There is funding available for some 2 year olds and all 3 and 4 year olds (after the term they turn 3).

The cost for a child with no funding is £12 per session. We try to keep the cost low, as we are a charity and aim to be affordable to all families.

We are open term times, every weekday, 9.15 to 12.15pm.

If you are interested in what we are all about, please give us a call on 07939 266154. Email Frampton.preschool@gmail.com or visit our facebook page.

Sue Simmons





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Don't miss out! Heritage Lincolnshire announces additional adult learning courses that are FREE to new learners

Heritage Lincolnshire is happy to announce even more of our popular GROW courses in June and July! For those of you who don't know, GROW courses are a great opportunity to learn an interesting new skill, from stone carving to book binding. The courses are also an introduction to the rich heritage of the County and they help you discover more about Lincolnshire as you explore the area.

Courses now open for booking are:

Conserving Historic Stonework, to be held at the Heritage Skills Centre at Lincoln Castle on Wednesday 20th June

A county divided: the English Civil War in Lincolnshire to be held at Grantham Museum on Saturdays 7th & 14th July

Decoding Church Architecture to be held at The Old School in Heckington on Saturday 14th July

Have a go bookbinding to be held at the Heritage Skills Centre at Lincoln Castle on Wednesday 27th June 2018: 10am - 4pm,

A practical introduction to lime to be held at the Heritage Skills Centre at Lincoln Castle on Wednesday 4th July 2018: 10am - 4pm

For more information on each session, check out: heritagelincolnshire.org/calendar

Our lifelong learning courses are part of the GROW programme organised by Lincolnshire County Council's Community Learning Service. Courses are open to anyone aged 19 or over on 31st August 2017 and places are strictly limited. Prior booking is essential and to book a place email **us at htladmin@heritagelincolnshire.org or phone 01529 461499.**





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ARTICLES AND LETTERS : I would be delighted to receive articles and letters and photos from you. **19th July 2018 is our deadline for the next edition.**

Email: focusonframpton@outlook.com

Phone: **07955 763473**

Address: The Old Vicarage, Church End, Frampton, Boston, PE20 1AH

If you would like a magazine and currently don't receive one of your own please let us know.

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These prices are for 6 editions for the year.

Eighth A5 page = £35

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