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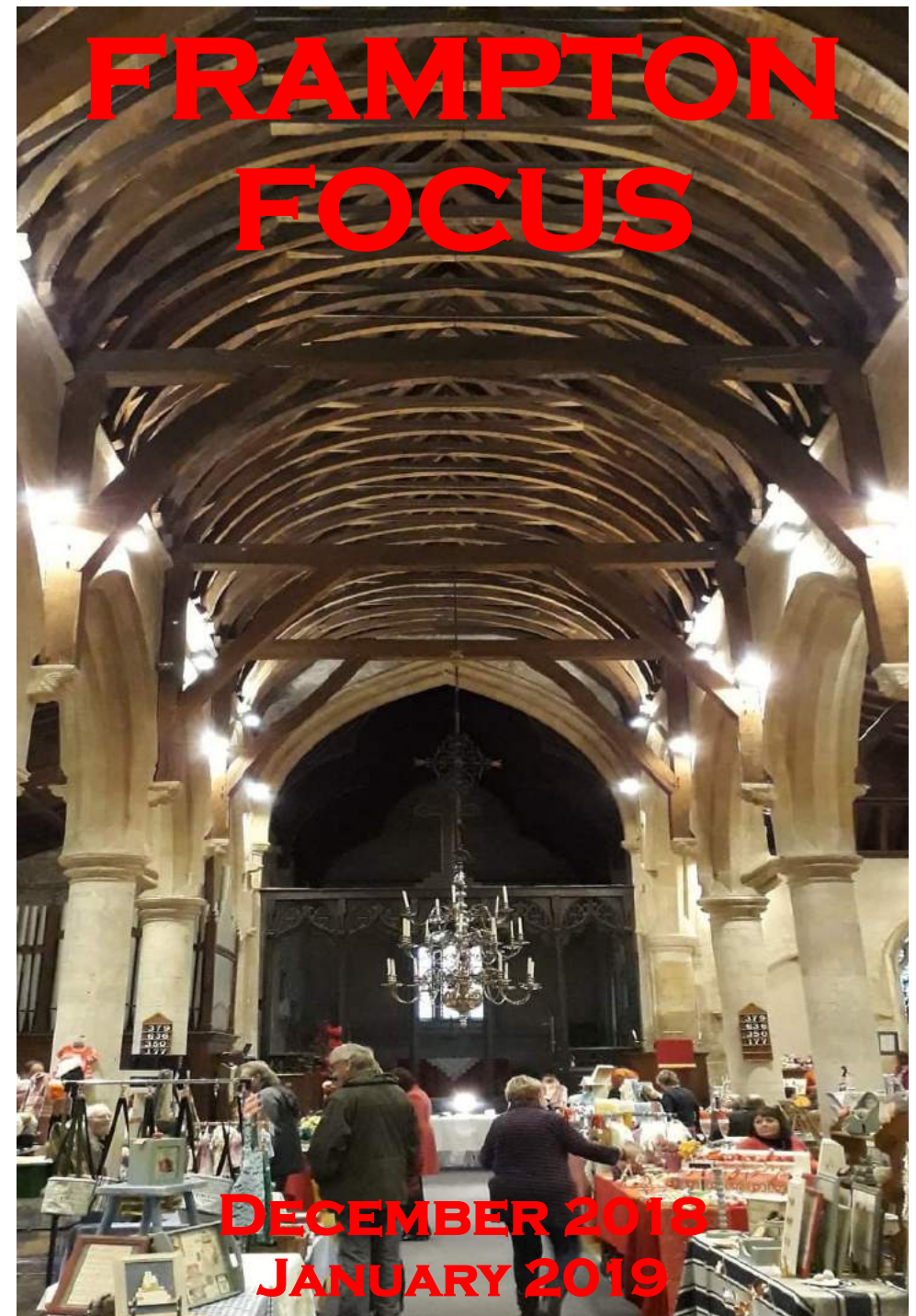
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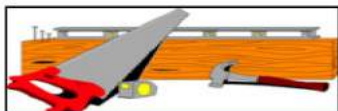
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Editor



2018 is fast drawing to a close and 2019 is almost upon us and I would like to thank all the people who pay to advertise in this magazine, without you we would not be able to print copies, I would also like to say a huge thank you to the volunteer distributors who trek through the village and sometimes further afield to deliver copies hot off the press, often in extremes of weather! To the column writers - a huge thank you, your columns are a joy to read and to all the



people who organise Carol Concerts, Quiz Nights, History Groups, Musical evenings, Film Extravaganzas...gosh we are an amazingly busy village! Lets not forget the Gardening Club and WI...One such event the November Craft Fair at St Marys is featured on the front cover. It was a tough decision as I also loved the Robin donated by the RSPB. We are so full this edition I have had to leave out the recipe and the Book Review. Rex Halgarth reviews the 60's night, please check the advert for a Village Hall Treasurer, there is a plea for Foster Carers in this part of Lincolnshire, and on P24 you can read the tribute to Rhoda Reynolds (nee Brown). We welcome Jaydyne Overton with the start of her new column 'Angel Whispers' and we have a new Advertiser, Jacco, a local Handyman - no job too small. There is a scam warning from Boston Borough Council and a bin collection notice. Nell has given us an update on the mile of pennies and congrats to Penny and Keith, winners of the 100 Club. Readers when you have read the magazine and you start to feel peckish see P12 and give the Kirton Cottage a ring! I must wrap this up and send it off to the printer....so 24 sleeps to Christmas...and once that's over we can concentrate on a whole New Year. Merry Christmas !

Vanessa Jameson



"I do change my password frequently, and in this case it was an old password which was being used. It does highlight the need for people to change their passwords," said Rachel.

Helpful information to avoid online fraud can be found by calling 0300 123 2040.

Richard Steele, Boston Borough Council's data protection officer, said: "This type of phishing email has been doing the rounds and people should never meet the blackmailer's demands. They almost certainly will not be in possession of all they claim, even if they can demonstrate they have your password. It does make sense to change passwords, have different passwords for different accounts and make sure they are strong - a random mix of letters, numbers and punctuation is best."



Your garden waste – final collection dates

Final garden waste collections for 2018 will be:

Week commencing Monday, December 3 for those who have their **brown bin** emptied during their **green bin** collection week.

Week commencing Monday, December 10 for those who have their **brown bin** emptied during their **blue bin** collection week. Your 2018/19 collections will resume week commencing Monday, February 25 until Sunday, March 31, 2019.

We are hoping to open the payment system for the 2019/20 service early in the New Year with collections starting week commencing Monday, April 1. Updates will be available on the council website, social media channels and local press - please keep an eye out for this. Regards

Emma Staff

Communications and marketing officer
Boston Borough Council



Boston Borough Council

Blackmail scam from the Darknet

An email to a Boston woman from the "Darknet" has led to a warning for people to frequently change their online passwords.

The menacing email sent to Rachel Kirby (better known as Boston in Bloom and Boston Big Local stalwart Rachel Lauberts) stated that her mailbox had been hacked, her operating system infected with a trojan virus and all information harvested over a six-month period - emails, all her contacts, financial details, pictures, videos and online history. Rachel said it was an old account that she did not often use under her former name of Rachel Deavin, but the blackmailer confirmed the password for it.

In odd language the blackmailer claimed to also have had control of Rachel's computer camera and threatened to send all her contacts a captured image of her, synchronised with the "intimate content site" she was allegedly watching unless she paid \$823 into a bitcoin account. The blackmailer said "You have a very wild imagination, I tell you!". And went on to say: "I think that you do not want all your contacts to get these files, right? If you are of the same opinion, then I think that \$823 is quite a fair price to destroy the dirt I have created."

Rachel said: "There is a deadline for me to pay up and then if I don't, contacts from that old account will receive an image the blackmailer says will be created - a created image no doubt aimed at embarrassing me. I have nothing to hide and will obviously not be paying the blackmailer - I don't even know how to use a bitcoin account.

"It is a very horrible thing to happen. I felt violated. Some people might panic and just pay. I think this was just a phishing email, but, because it had my old password it could be convincing. I thought that if it were all true my bank account would have been emptied and I would have at least been emailed a webcam picture of me as further proof."

Rachel reported the blackmail bid to the police and her own research led her to <https://havebeenpwned.com/> which revealed her account details had been sold twice.

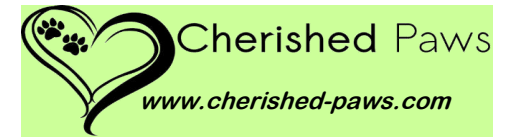
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RSPB...Rocking Robins



When it is December, you can hardly move without seeing one particular bird. The robin. Adorning Christmas cards, wrapping paper, tree decorations and on posters, the robin really is the bird of the season. But how did it get to be so? Well, it seems to be a combination of things. For starters, the robin has long been associated with this time of year. In pagan Britain it was the symbol of the winter solstice. You see, most birds go quiet in the winter. Singing is a territorial display, designed to keep others away from their nest sites.

But with no breeding going on, why sing? Well, the robin is rather more single-minded and will try to hang onto its territory all year round. Hence, even in the bleak midwinter, it will still be singing. This was seen as a symbol of life showing forth, even when everything seems so desolate. Just the bird to have for the annual mid-winter knees-up!

But the robin really got cemented into the national consciousness as the symbol of Christmas in the Victoria era. This was the time when the practice of sending cards to loved ones was taking off. Of course, you didn't pop down to the supermarket to buy a pack, oh no! If you wanted to impress, you showed off your artistic side by making your own. One person doing so drew their inspiration from the postmen of the day. Their uniform included a bright red waistcoat meaning, not unsurprisingly, they were nicknamed 'robins'. So the artist drew a picture on their Christmas cards of the bird robin delivering letters and entitled it "The Christmas Post". And you know what, the idea stuck.

As symbols go though, it is a pretty good one. At this time of year robins can be very easy to see. Cheeky, cheerful, quite prepared to cadge some food off us humans. With time and patience, robins can even be persuaded to eat off your hand. Though sometimes at this time of year the robin you meet might seem a bit more wary. This will be not a native bird, but one flown in from the continent, escaping the harsher weather there. British robins are friendly, but continental ones are a lot more wary of humans. No real reason why, but British people do seem to have taken robins to their heart. It nearly always tops any poll of people's favourite bird. There are even suggestions of making it the UK's national bird!



Dr Chris Andrews

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Angel Whispers

Hello to the readers of this magazine. I usually call the readers of my blog 'angels' so you can join them, you can be my 'Frampton angels'! So where do I begin!? I've been writing for around 2 or 3 years now, I do it in my spare time, purely because I enjoy it, it's relaxing, I like sharing and venting just like anyone. I then created a blog online which people read from all across the world and I have around 2,000 followers online - so clearly some people like reading my rants! I'm joking I actually barely rant, I like to focus on topics that run alongside my job.



I'm a personal trainer and nutritionist. I was previously a runner, racing across the country, till my heart condition got diagnosed and now I am currently Miss Junior Bikini 2nd place in the Northern Championships and I recently represented England in the British Finals for bikini body building - this all contributes to me and my love for helping people become the best version of themselves, and help YOU become fitter, healthier and stronger. I help people of all ages and I have one to one personal trained people from the age of 11 to 75!

So as you can see my topics are usually around health and fitness and they suit any age and gender. I usually tie my content in with current topics such as Christmas or the winter season or events that have occurred in my life. Things that have happened, that I have learnt and are willing to say and share to help others!

Most of my articles are tips, tricks and hacks to help people become the best person they can, so hopefully as I'm now writing for this unique wonderful magazine I can help some of you Frampton angels out! I post blogs online at GymChicksSite@wordpress.com if you would like to check that out also.

But I will most definitely be sharing most of what is on their with you Frampton angels in the near future!

That's all for now on me, you shall hear from me next time! Have a wonderful day. From angel Jaydyne. X

Frampton Gardening Club



The clocks have gone back and the days are rapidly shortening, but the weather so far, remains largely mild and dry. We have remembered and not forgotten those lost one hundred years ago, by wearing poppies, paper, plastic and knitted. Poppies do not normally flower in November, but in summer, hence we wear the artificial variety, however, in a sheltered corner of a friends garden I

spied a few delicate Shirley poppies dancing in the late afternoon sunlight. Simply exquisite and very appropriate.

November is the ideal month for planting all deciduous trees and shrubs, but mostly it is a month for sweeping leaves, cutting back and tidying the garden ready for winter.

At the October meeting of the Frampton Gardening Club we were treated to a superbly entertaining and informative slide talk of the A to Z of roses by Simon White from Peter Beales Roses, Norfolk. Members had the opportunity to purchase roses and garden sundries after the talk, and thoroughly enjoyed the evening.

The next meeting will be held on the last Thursday in November 29th at 7.30pm at Frampton village hall as usual. The speaker will be Mr Phil Bowler who will talk about butterflies and their habitat in relation to our gardens. There is no December meeting, but in January the members will again enjoy our annual after Christmas luncheon at the Supreme Hotel on January 9th.

Maggie Welberry

St Michaels Mile of Pennies...Update

WE ARE GETTING VERY CLOSE TO REACHING OUR 2nd MILE OF PENNIES.

WE HAVE £724 IN OUR PENNIES ACCOUNT WHICH IS 1608 YARDS.

A BIG THANKYOU TO ALL WHO SUPPORT US, WE REALLY DO APPRECIATE YOUR HELP.

BEST WISHES FOR A HAPPY AND PEACEFUL CHRISTMAS



Oh! What A Night

The Sixties Night on 26th October really was a night to remember raising £750 for Friends of Frampton Churches funds.

Boston College certainly have some talent amongst their students and Tyler Burdass Freeman organised the concert which included three of the girls singing well known 60's numbers and Tyler with two other lads did a great take on the 'Rat Pack' to great applause. The first half was brought to a close with a rousing rendition by Paul Fossitt on the guitar of some of the most popular Shadows hits. A buffet supper prepared by FoFC committee was much enjoyed during the interval and thanks to everyone who contributed.

Suitably dressed in the 'Jersey Boys' signature red jackets, Tyler plus three friends brilliantly sang all the Jersey Boy's well known hits, finishing their performance with 'Cherie' and 'Oh What a night', and it certainly was. They did a fantastic job and should be very proud of themselves for such a professional performance and we wish them every success for the future.

Many thanks to everyone who supported this event and from the comments received you really enjoyed the evening. A special thanks to Paul Fossitt for supplying the superb sound and lighting which made all the difference. Very special thanks to – Mr Graham Reams, Haines Coaches, Wells Tarpaulins and Stuart Ashton who very kindly sponsored the event which enabled us to make such a good profit.

Thank you once again to everyone involved in making this such a successful event. We now look ahead to 2019 for further events, so watch this space.

Rex Halgarth

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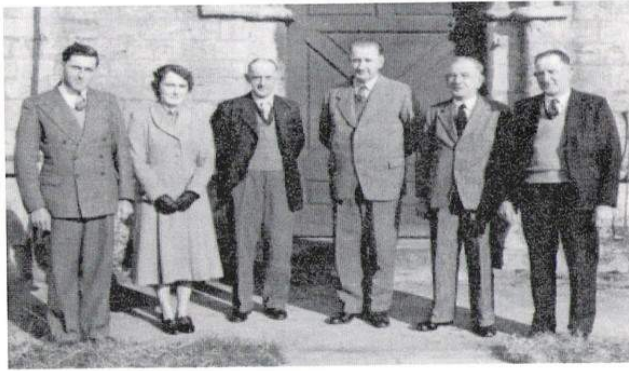
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A Tribute Rings Out For Rhoda Brown



The 1955 Frampton band photographed after the peal.
(l to r) Philip Reynolds, treble; Rhoda Brown (Conductor) 2; Arthur Young 3;
Albert Flatters 4; John Kemp 5; John Young, tenor.

On Monday 15th October 2018 St Marys bells pealed for over three hours. This was a recreation of a Peal rung by Rhoda Brown and her band in 1955. Rhoda has recently died and this was rung in her honour. The following Sunday Rhoda's son and grandson joined in with the bell ringing before the Service. There is a commemorative board in the Church with the details of

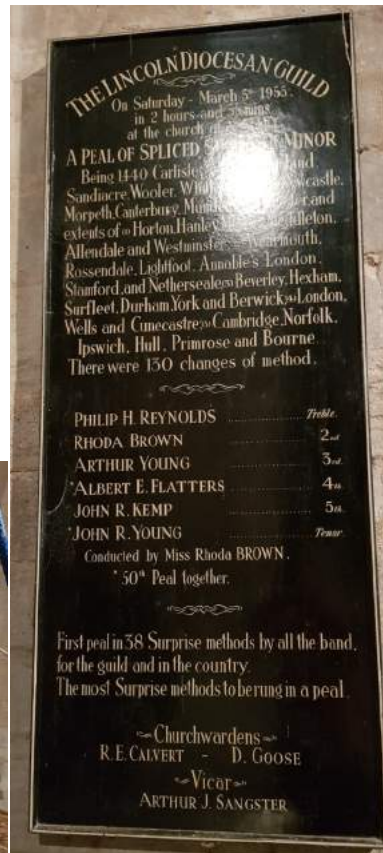
the Peal rung by Rhoda's band in 1955.

Born Rhoda Brown, she grew up in Frampton, her father working for Jack Graves at the farm on the corner of Coupledye Lane.

A skilled ringer, Rhoda was only in her twenties when she conducted the Peal that was recreated the other day. Rhoda married a fellow bell ringer and became Rhoda Reynolds, she moved to Swineshead but continued to ring in surrounding churches including Frampton. Bellringing was in her blood and her son and grandson are carrying on the tradition.



The recreation team 2018: Anthony D Walker, James E Benner, David C Brown, James F Thorpe, Barry Jones, Peter J Waterfield (C)



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Frampton Parish Council

Hello Parishioners

At time of writing we have not had the Nation's Tribute to 100 years of Remembrance which I hope will be a lovely meaningful tribute to the Fallen of Frampton and all the other service-men. This, of course, will have occurred by the time Focus on Frampton is published.



Frampton Parish Council would like to thank the Woods Family who have looked after our War Memorial splendidly for the past few years and Sally of WCG who kindly volunteered to take over. I am sure you will all agree the War Memorial has looked lovely all summer. I include a photo taken on a gorgeous Autumn day showing the poppy display around the edge in readiness for 11th November. Frampton Parish Council has obtained the annual wreath which will be laid on Remembrance Sunday.

I am pleased to announce that we now have wifi in both Church House Village Hall, Frampton and Hubbert's Bridge Community Centre. Frampton Parish Council have agreed to fund this for 2 years and we hope bookings will increase to both function providers.

Please take time to visit our website at:

parishes.lincolnshire.gov.uk/Frampton

where you will find a wealth of information. Any suggestions for further sections please email me at:

framptonparishcouncil@yahoo.com.

Seasons greetings and all the best for 2019

regards Alison, Parish Clerk, Frampton. Tel 01205 612120

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	PILATES 10.30am - 11.30am BLOCK BOOKING STUDIO Kirton End	**For 6 Weeks** WOMEN SHOULD USE WEIGHTS 10.30am - 11.15am STUDIO, Kirton End	PILATES 10.00am - 11.00am BLOCK BOOKING KIRTON LEISURE CENTRE Willington Road	15/15/15 'Bits of Class'. 15 mins of each style of exercise, bit of cardio, bit of strength, bit of tone, bit of stretch, bit of endurance - who knows? AEROBICS (Those were the days). Get back in shape with the sounds and the energy you've got locked away that you thought you'd lost. Believe me you can still shake your rump to the funk and some of these new sounds are pretty good to move to as well.	*BOX FITT* All about working that cardio system. Improve your upper body, core strength and overall fitness. But don't panic your not going to be fighting against Amir Khan *"M.Body Personal Training" ONE-2-ONE TRAINING* Everyone is an individual, achieve your goal! Whatever your fitness level or experience is, personal training is tailor made for you from losing a few pounds, preparing for a special occasion or training for a major event. Contact me now to discuss the right programme for you. *WOMEN SHOULD USE WEIGHTS* A gentle, safe introduction into working with weights in a small group. Think weights aren't for you? --- Think again *PILATES - block booking, small groups Strong mind and body connection. If you like yoga but need a more intense core workout then Pilates is for you. Improve posture by a series of low repetition, low impact, strengthening and conditioning exercises.
For 6 Weeks 15/15/15 6.15pm - 7.00pm KIRTON LEISURE CENTRE Willington Road	PILATES 6.00pm - 7.00pm BLOCK BOOKING KIRTON LEISURE CENTRE Willington Road	**For 6 Weeks** LBT PLUS 6.30pm - 7.15pm KIRTON LEISURE CENTRE Willington Road	PILATES 6.00pm - 7.00pm BLOCK BOOKING SPORTSMAN FUNCTION HALL Rosebery Avenue, Boston	LBT PLUS A workout for leaner legs, brilliant burn, toned tummy and amazing arms. The four areas that give us the most grief! SUPREME CIRCUITS A popular way to get into shape, gain lean muscle mass and burn that excess fat! ALL CLASSES SUITABLE FOR ALL FITNESS LEVELS. CLASSES SUBJECT TO CHANGE	
For 6 Weeks BOX FITT 7.00pm - 7.45pm KIRTON LEISURE CENTRE Willington Road	**For 6 Weeks** AEROBICS 7.15pm - 8.00pm KIRTON LEISURE CENTRE Willington Road	**For 6 Weeks** SUPREME CIRCUITS 7.15pm - 8.00pm KIRTON LEISURE CENTRE Willington Road			

St Mary`s 100 Club Winners

October £25 Number 69 Mr K. Scott

November £25 Number 73 Mrs P. Maltby

Entry for the draw costs only £1 per month and can be paid monthly, yearly or any amount in between and you can join at any time of the year. Half the money received is returned in prizes – one prize of £25 each month plus a £40 prize in December and April, the latter being the last month of the Draw year. If you would like to take part please contact

Joan Deane on 01205 722744.

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*Christmas and New Year
Cuisine
at Kirton Cottage
15 High Street, Kirton
PE20 1DE*

01205 722311

bookings@kirton-cottage.co.uk

Here at the Cottage, we pride ourselves in providing quality locally sourced food, accompanied by a selection of fine wines and drinks, including beers and spirits from Kirton's own brewery.

We believe that our varied menu, along with Chef's weekly specials, offers something to suit all tastes and allergens.

Our relaxed intimate restaurant consists of two cosy dining rooms and an upstairs lounge bar, in which you can step back in time and unwind in olde English charm.

On approaching our second Christmas at the Cottage, we look forward to welcoming back our regular guests and are excited to meet some new faces.

Our Christmas menu runs from 10th to 24th December.

Why not reserve a table and join us in the festivities?

We would like to thank all our patrons for their continued support and wonderful reviews on Tripadvisor, Facebook, Google and of course word of mouth recommendations.

Our little team here at Kirton Cottage would like to wish you all a Merry Christmas and a Very Happy and Prosperous 2019.

Laura, Wiktoría and Ambrish

CHURCH SERVICES	St Leo-degar's	St Michael's	St Mary's	Notes:
2 Dec	9.30am	8.30am	11am	
2 Dec	3.30pm +	-	-	+ Christingle
9 Dec	9.30am	3pm*	11am HC	* Carol Service
16 Dec	3.30pm +	-	11am	+ Carol Service
23 Dec	9.30am	9.30am	11am *	* Carol Service
23 Dec	3.30pm +	-	-	+ Crib Service
Christmas Eve	11.30pm HC	<<	<<	Midnight Mass Group Service
30 Dec	9.30am	<<	<<	Breakfast & Group Service
6 Jan	9.30am HC	8.30am	11am	Epiphany
13 Jan	9.30am HC	-	11am	Plough Sunday
20 Jan	9.30am	-	11am	
27 Jan	9.30am	?	11am	

Please check the weekly pew sheet or our * online calendar for details of services - which may vary. www.framptonchurch.com or

www.wybertonandframpton.org

A	H	G	U	O	L	P	A	L	E
G	N	I	P	E	E	L	S	U	C
R	L	U	F	H	T	I	A	F	I
I	N	O	S	A	E	S	Y	Y	V
C	O	T	N	E	V	D	A	O	R
U	E	L	T	T	I	L	T	J	E
L	E	A	O	P	T	U	S	M	S
T	T	N	F	R	C	F	E	R	A
U	A	D	O	Y	A	H	E	A	M
R	R	T	R	I	E	C	D	E	T
A	B	R	T	L	T	T	B	P	S
L	E	A	H	U	Y	A	R	P	I
A	L	T	A	R	B	W	E	A	R
J	E	S	U	S	Y	E	A	R	H
B	C	R	A	D	N	E	L	A	C

WORDSEARCH

At Least 30 Words!

Answers below ..upsidedown!!

BETHEHEM, CALENDAR, CREATION,
CHRISTMAS, CELEBRATE, WATCHFUL, BABE,
YEAR, SERVICE, AGRICULTURAL, SLEEPING,
FORTH, APPEAR, SEED, CAROL, JOYFUL, PLOUGH,
JESUS, ALTAR, LAND, FAITHFUL, ACTIVE,
ADVENT, SEASON, STAY, START, PALE, PRAY, LIT-
TLE, BUTT.

Focus on Faith

Although the shops may have been selling Christmas gifts, cards and tree lights for many weeks, **Advent** - 2nd -24th December is the official time of preparation for the Christmas season and the beginning of a new Christian year!

German Gerhard Lang produced the traditional Advent Calendar at the start of the 20th century. When he was a child, his mother used to stick sweets on cardboard. The production of Advent Calendars, was suspended in WW2, due to the rationing of cardboard! Post war, by 1958, chocolate was included in the calendar, along with a picture or bible verse.

Opening the calendar windows on the correct date helps children count down to the great feast, as we watch and wait for Christ's first coming into the world, as the little babe born in Bethlehem:

O Lord our God, make us watchful and keep us faithful, as we await the coming of your Son our Lord; that, when he shall appear, he may not find us sleeping in sin but active in his service and joyful in his praise; through Jesus Christ our Lord. Amen

I do hope you are able to join us for a Carol Service, as we prepare to celebrate Christmas!

As I write this message, January seems a long way off but the start of a New Year will bring another opportunity to reflect on what has been, as we look forward to what might be!



CAROL SERVICE

at

St. Michael's Church

Frampton West

9th. December

3pm

after service
mulled wine & mince pies
in the hall

St. Michael's are collecting tinned &
packet food for centrepiece. Any
donation would be appreciated

Plough Sunday signals the start of the new agricultural year...
'Blessed are you, Lord God of all creation: for in your abundant care you have given us fertile land, rich soil, the seasons in their courses. You provide seed for sowing, water, light and warmth to bring forth the miracle of growth. You give us skill to work the land, to prepare and nourish it, that it may be fruitful... God speed the plough'.



Our new Vicar... We look forward to welcoming the Revd Sudharshan Sarvanathan during a special **Service in St Leodegar's Wyberton - 7pm Tuesday 12th February 2019.**

Wishing you every blessing for Christmas and the New Year!

John Marshall - Reader



Mon - Sat 12 noon - 2pm
Tuesday - Saturday 5.50pm - 9pm
Sunday 12 noon - 2pm



Frampton WI

Merry Christmas and a Very Happy New Year to all of our Members and prospective Members! We have dined and wined and crafted and baked and lunched and read and laughed and occasionally cried. What a Year! Our Next meeting will be 13th December 2018 at 7.30pm Frampton Village Hall. Why not come and join us?

theWI
INSPIRING WOMEN



For more information about our WI please call

Vanessa Jameson (President) 07955 763473
Carol Patrick (Secretary) 01205 722879
Janice Cotgreave (Press) 01205 724617

vanessajameson@btinternet.com
carolpatrick@gmail.com
janice.cotgreave@btinternet.com

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Make your house their home

Long-term foster carers needed in Lincolnshire

Lincolnshire Fostering Service has launched a new campaign urging the public to consider making their house a long-term foster home to a child or young person in need of such a placement.

The service is keen to highlight that there is a real and urgent need for people to come forward specifically for long-term fostering. This is where a child or young person stays with the same foster family until they reach adulthood. Unfortunately, there is a shortage of people coming forward for this type of care, and so children and young people often have to wait longer for their long-term family to be found.

Many of the children who are currently waiting for a long-term foster family in Lincolnshire are part of a sibling group who need to be placed together with their brothers and sisters. It is recognised that being placed with their siblings can help a child settle into a new family and have a positive sense of who they are.

Long-term fostering can be challenging, but it is also hugely rewarding. There are numerous benefits to the child, namely having one stable family home to grow-up in for the rest of their childhood.

If you feel that you could offer a stable and loving long-term home to a child or sibling group, Lincolnshire Fostering Service would love to hear from you. Call our friendly team on 01522 554114, or log on at:

www.lincolnshire.gov.uk/fostering

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