

FRAMPTON FOCUS

FEBRUARY/MARCH

2020

Vicar of Frampton	Rev. Sarvananthan	01205 369515
Reader www.framptonchurch.com	John Marshall	01205 723097 john@jdmarshall.net
PCC secretary	Gaye Woodward	01205 722475
St Michael's Deputy Churchwarden	Val Marriott	01205 822917
St Mary's Churchwardens	John Cooper Joan Ashton	07967 559818 01205 355994
Friends of Frampton Churches (FoFC)	Group email	fofc@outlook.com
St Michaels Hall	Keith Scott Myra Scott	01205 722013
Frampton Village Hall Bookings	Joanne Plummer	07902510126
Frampton Focus	Focusonframpton@outlook.com	
Editor/Advertising	Vanessa Jameson 07955 763473	
Parish Council Chairman	Peter Burton	01205 722878
Parish Council Clerk	Alison Clarke	01205 612894
Kirton Police Station	PC Martin Appleby	01205 722002 / 07500 920446

Keep Fit Over 50's	Sue	310537
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Gardening Club	Ray	723181
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KEEP FIT

A reminder — Tuesdays at St. Michaels at 10.30am, great fun with Sue Cadman of Les Dawson's Roly Polys, keep fit to music and dance. Very friendly bunch of mature ladies (over 50). £4 per session, do join us!!!

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Dear Reader...Happy New Year



I don't have a lot of choice for a Cover this month. Readers please get out your cameras, your phones and start snapping! Think portrait, unusual, colourful or sepia, I'm still looking for a farming/gardening column. We have a new advertiser this month—page 5, Safe Hands Pet Services it looks a really good bet for the days you have to be away but want to leave your pet

in the comfort of its own home! There is so much going on in the world and I'm thinking how it effects us here at home. Does anyone know if the rumour is true that Marks and Sparks are putting a food hall in the Quadrant ? If its true it will be amazing as now the store in Spalding is closing—Bourne is rather a long way to go...Marks and Spencer—what on earth are you doing! At midnight on the 31 January we will leave the EU, I'm feeling sad but also a sense of relief, its been grinding on for so long, lets just do it and get on with the aftermath. Thinking this leads my thoughts to the Megxit stories. Harry left last night for a life in Canada. Its going to leave a hole in the Royal Firm, but if it truly makes life easier and happier for him and his new family do we have a right to be upset? There is no doubt he will be ok financially and I sincerely hope it helps him heal his fragility. For all of us mere mortals its very easy to feel fed up, down, sad, tired at this time of year. Christmas and all its razzmatazz and madness is over, bank accounts have been raided, the weather is often grim and relatives have or have not yet left! I passed the Hall yesterday with my dogs and was stunned to see the carpet of yellow aconites. I came home and searched my garden and sure enough they are there too—I just hadn't looked. We are all so busy being busy, Meghan may have hit the nail on the head when she said it wasn't enough to just cope with life—it needs to be enjoyed. I'm paraphrasing—forgive me, but she may very well have a point. I'm not suggesting we all decamp to Vancouver Island—sometimes running away doesn't always enable a solution, sometimes its just a change of mind, feeling and thinking outside of the box....I've rambled on. Who knew Hot Chicken Salad was so unhealthy but incredibly yummy, I always thought it was hot chicken on a bed of green salad....try it then go for a walk! Sometimes a little bit of something wicked does you good.

Vanessa x

PS—if you don't smile a the Valentines Card I made for you - I apologise I just couldn't resist it—dog walkers please please pick up!



Happy Valentines !

Love
True, unbridled love
Is looking at what
I just did on
the sidewalk
And then picking it
up in a bag
I can only imagine
as a treasured keepsake
Wow, the collection
You must have by now



SAFE HANDS PET SERVICES

**Cover, A Host of Golden Daffodils ...
Please send photos by 12th March
to make the next cover**

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Frampton Parish Council

May I start by saying Happy New Year to everyone.

A new year and, as always, new challenges. One of the biggest issues we have as a rural Parish here in Frampton, is keeping the environment clean and tidy. With no real village centre but stretching many miles in total, we don't possess a great numbers of litter bins. Walking and driving around the Parish you can often see fast food cartons and even plastic bags full of rubbish lying on the roadsides. I often think it would be easier for people to keep all the cartons and wrappers together in the car and take home rather than throwing them out of the window. Am I "old school" or was I just brought up to know right from wrong? Fen road and Wyberton Low Road seem to pay the heaviest price from this unacceptable practice. These are the two main "back road" routes between Boston and Kirton.

There is currently a major initiative from Boston Borough Council (S..C.R.A.P.) to try and fight fly-tipping and littering. There are now considerable fines that can be imposed if someone is prosecuted for either of these practices. If you see someone littering or manage to get a vehicle registration you can report to the Borough Council to get the perpetrators fined. Most mobile phones these days have the facility to take a photograph, even better some of us now have dash cams fitted in our cars that can film situations. You can report incidents to Boston Bough Council on their website by going to www.mybostonuk.com/report-action-it On this site you can then go to the section "report it" and then to either the Fly-tipping or Littering option to place the information. Or you can e-mail flyswat@boston.gov.uk If you don't have the facilities to do this you can also report any incidences to the myself or the Clerk on the numbers shown in the front cover of the magazine.

On a more positive note, as you have seen in the magazine for many months now, we have been seeking people to join the Parish Council as we are three members short. We should have a complement of nine Councillors and currently are running with six. We have now had some interest in these positions and I hope to have some further news next issue.

Also can I take the opportunity to remind everyone that your Annual Parish meeting will be on Thursday April 16th 2020 starting at 7.30pm. Come and listen to the reports of everything going on in the Parish followed by tea and cakes, etc.

Finally Friday 8th May will be the revised bank holiday to commemorate the 75th anniversary of V.E. Day so we hope to be lighting the Parish beacon along with other celebrations. Lets hope through February the rain recedes, the spring flowers start to appear and our lovely rural Parish looks more like it's very best.

Cllr. Pete Burton (Chair)
Frampton Parish Council

QUIZ NIGHT

Frampton Village Hall

Saturday 21st March at 7pm prompt

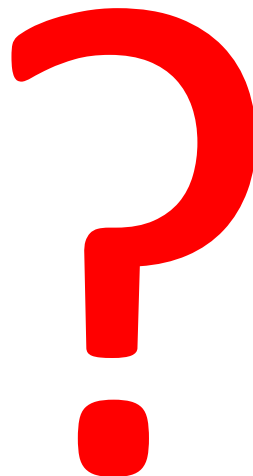
Tickets £9.50 per person

Price includes Ploughman's
and Pudding!

(Bring your own drinks)

Tables of up to 4 (maximum 5)

Contact 01205 722182



St Mary`s 100 Club Winners

December £40 No. 14 Mr P. Patrick

£25 No. 93 Mrs L. Chittim

January £25 No. 41 Mrs A. Thomas

Entry for the draw costs only £1 per month and can be paid monthly, yearly or any amount in between and you can join at any time of the year. Half the money received is returned in prizes – one prize of £25 each month plus a £40 prize in December and April, the latter being the last month of the Draw year. If you would like to take part please contact Joan Deane on 722744.

Focus On Faith

“What is your 2020 vision?”



I recently posted on the Lincoln Reader’s facebook page: What is your 2020 vision?”

I like the reply from a ministry colleague I trained with nearly 30 years ago: **“If I can help somebody as I pass this way, then living will not be in vain”**. It shows a positive attitude towards our neighbours and others with whom we come into contact in our daily lives. Helping each other by living in community - not just in the community. Note the difference. We are in it together!



World events in January included major storms, floods, wildfires, volcanic eruptions, air disasters and acts of terror. How do we react to such occurrences? Does it challenge us in any way? Do we seriously think about the causes and effect – or just accept what has happened? In addition to prayer, what else can we do to help – individually and together?

As we enter the period of Lent on Ash Wednesday 26th February, it is a good time to reflect upon the direction of our lives personally and how we interact with others in our world. (You may wish to join our Study Group during Lent – see notice boards, church pew sheets and our website for details)

At the start of His ministry, Jesus called his disciples with some simple words: “Follow Me”. It is an invitation still open to all of us. If we choose to follow Christ in obedience to His teaching, it will bring us into a closer relationship with God and influence our thoughts on helping others as we pass this way – the place where God has put us with all our varied roles and responsibilities.

I recently heard and share this story...

Apparently in the eleventh century, King Henry III of Bavaria grew tired of court life and the pressures of being a monarch. He made application to Prior Richard at a local monastery, asking to be accepted as a contemplative and spend the rest of his life in the monastery. "Your Majesty," said Prior Richard, "do you understand that the pledge here is one of obedience? That will be hard because you have been a king." "I understand," said Henry. "The rest of my life I will be obedient to you, as Christ leads you." "Then I will tell you what to do," said Prior Richard. "Go back to your throne and serve faithfully in the place where God has put you." *May He Bless us to Serve too!*

+ SERVICES		St Michael's	St Mary's	St Leodegar's
February	2 nd	9.30am MP	11am HC	9.30am HC
	9th	-	11am HC	9.30am HC
	16th	8.30am BCP HC	11am MP	9.30am HC
	23rd	9.30am HC	11am HC	9.30am MP
	26th	6.30pm	< Ash	< Wednesday
March	1 st	Group >	10.30am HC	< Service
	8th	-	11am HC	9.30am HC
	15th	8.30am BCP HC	11am MP	#10.30am HC
	* 22nd	9.30am HC Mothering	11am HC Sunday	9.30am MP
	29th	10.30am HC	< Group	< Service
Please Note		All Group	Services	10.30am
MP = Morning Prayer		BCP = Book of Common Prayer Service	HC = Common Worship Holy Communion	#Jnt with Beacon Ch. +Lunch

+ Please check church notices and our website calendar for any variations in services:

www.framptonchurch.com

Friends of Frampton Churches

All supporters are warmly invited to the group's Annual Meeting to be held on Wednesday 1 April at **7pm** in St Michael's Hall, Frampton West. After the business of the Annual Meeting (which doesn't take long but is very informative) there will be another photographic wander around the village and then a buffet supper to enjoy.

For catering purposes it would be helpful to have some idea of how many hope to attend, so while it is not essential it would be appreciated if you could contact Joan (722744) or Maria (722191) if you plan to be there. Thank you.

Kirton Kids Club



Kirton Kids Club comes of age!!

Yes we are 21 years old this January – we need to party.

I can't believe the time has gone so fast and we have had hundreds of children through our doors in that time.

The club was born of a need for after school child care for the vegetable businesses in the village.

The vegetable factories that originally backed us might have closed but the Kids Club still runs every day term time. We work in conjunction with the Primary School and each day the children and staff can be seen walking to and from school to the Youth Centre – which we call 'home'.

Many years ago the breakfast club was added to the day and we still hold both sessions from 7.30 am breakfast and 3.20 pm after school until 5.45 pm.

Spaces go quickly but if you wish to find out about bookings, spaces or prices – please check out our website or phone 07583 762072 – we will be pleased to give you the information you require.

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PANCAKE FUN NIGHT

St. Michael's Hall

Frampton West

Tues. 25th Feb. 2020

6.30pm

Tickets: £3.50

Games

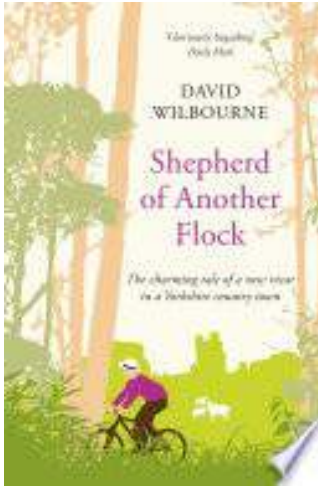
Raffle

Tombola



For Tickets Tel: 722013

A Good Read....



Shepherd of Another Flock

By David Wilbourne

I was attracted to this book because I noticed that the author was a former vicar of Helmsley a charming market town in North Yorkshire. I knew this town well having visited it several times whilst on family holidays in the North York Moors, an area which I have loved since my first visit many years ago.

The author tells of his varied experiences whilst he was incumbent there, and tells his story in a lovely way reminiscent of those two other Yorkshire authors, Gervase Phinn and James Herriot.

We hear of many of the local characters including the local squire, Lord Faversham, with whom the author had many a friendly argument about certain religious matters, Father Bert, a retired Cleric and one time rear gunner during W.W.2, Frank a singing shepherd and Eve a country woman with a mind of her own. There is also a wonderful 'laugh out loud' description of the verger swinging the incense, which the author likens to something from 'Strictly Come Dancing'.

Strangely, he always cycled on his numerous journeys around the Parish and knowing some of the many local hills and the intense winter weather I can appreciate how his legs must have felt at times

I can thoroughly recommend this book to anyone looking for an easy and enjoyable read

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Frampton History Group

Spring programme 2020

Mon 23 March 'A Tale of 2 Lancs' from Mike Chatterton. Mike's father was a WW2 Lancaster pilot and Mike followed in his footsteps by flying the 'City of Lincoln' Lanc with the Battle of Britain Memorial Flight and taxiing the East Kirkby Lanc. One of our members highly recommends Mike's talk.

Mon 30 March A walk through Tennyson Country with Pete Skipworth. Beautiful countryside and historical interest are combined in Pete's talk

Mon 6 April Local villages in years gone by with Joan Deane. Old post-card views give us a glimpse of the past.

Talks start at 7.30pm in St Michael's Hall, Frampton West, PE20 1QZ and cost £3.50 each (including tea/ coffee/ biscuits) or £9 for the three. Everyone is welcome!

If you would like more information call Joan on 722744.



Kirton Cottage

15 High Street, Kirton, PE20 1DR

tel:01205 722311

bookings@kirton-cottage.co.uk

Lunch Menu

Starters

*Soup of the Day, Warm Bread Roll
Game Pate, Salad Leaves, Toasted Brioche*

(Supplement £2.00)

Classic Prawn Cocktail

Mango and Brie Parcels, Salad Leaves

Deep Fried Brie Wedges, Salad Leaves

Mains

*Roast Pork, Crushed New Potatoes, Apple Gravy
Bennett's Finest Lincolnshire Sausages, Red Wine Sauce*

Vegetable Curry, Aromatic Rice

Pan fried Salmon Fillets, Parsley Sauce

(Supplement £3.00)

Desserts

Lemon Sponge Pudding, Custard

Cheesecake of Day, Cream

Treacle Tart, Cream

Dark Chocolate and Caramel Tart, Cream

Caramel Apple Pie, Vanilla Ice Cream

Two Course £13.00, Three Courses £16.00

Middlegate Road

A lot of Focus readers will know that I am very interested in the history of our village and, in the 45 years I have lived here, have collected a lot of information by talking to former and current residents who have been very generous in sharing their knowledge with me.

I am hoping that it will be possible to publish a booklet/ book on Middlegate Road, from Mill Hill to the bridge by the War Memorial, and its offshoots – Lighton Avenue (the 10 houses in Frampton), Grosvenor Road (with the 2 houses in Pear Tree Road), Lenton Way, a short stretch of Horseshoe Lane, Coupledyeke Lane and Clatterdyke Lane. I have already approached several people to help with info and have received a very positive response. If you, your relatives and/ or friends can add to the Middlegate story please get in touch with me. Any information, stories, photos, memorabilia or leads to other people who might help will be very welcome. Contact me on 722744 or jmd31439@gmail.com

This is not a money making project, but any profit made will be divided between Frampton Village Hall and the Friends of Frampton Churches.

I look forward to hearing from you. Joan Deane

CAMEO

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Hello there! Chris, the Visitor Experience Manager from the RSPB nature reserve. Back again with a look at the best of this season's local wildlife.

If you've been down to the reserve recently you might notice we're bursting to the seams with birds. All our hard work is paying dividends, with record numbers of birds being seen. Two of the most common at this time of year are the lapwing and the golden plover.

The lapwing has probably the most different common names of any bird in Britain. Peewit is a common one, referring to the sound they make. But here in Lincolnshire the same noise (and hence the bird) was called a 'pyewipe'. There's even a Pyewipe Inn in Lincoln. Which is appropriate, as the county bird of Lincolnshire is indeed the lapwing. You can see it perched atop the county coat of arms. Oddly, no-one seems quite sure

where the name lapwing comes from. It might be to do with either the noise or the floppiness of their wings as they fly. Or it might be due to them pretending to have a broken wing as a ruse to draw predators away from their nest. All a bit of a mystery! The bird itself is quite lovely, with a bottle green back, white tummy and a black band across its chest. The birds also grow a long plume of feathers off the top of their head too,

just to add to the spectacle. Lapwings live here near Frampton all year round, though we do get quite a few more in the winter as birds from up-land areas come to the coast to escape colder weather.



Drawing by Mike Langman rspb-images.com

Golden plovers are related to lapwings (yet another name of the lapwing is the green plover), and definitely live up to their name. At this time of year they are a lovely golden brown colour, with yellow and black spangles on their back. We generally only see them for the winter, as they breed up in the highlands and in places like Iceland. But when we see them, do we see them! There are currently up to 14,000 at Frampton Marsh, covering the fields and chattering to one another. It is a wonderful sight to see (and hear). Even more so if they are spooked, as they all take to the skies. They twist and turn in an aerial ballet designed to confuse potential predators. Want to see some of the best of the local wildlife? Come down to the reserve over the next few weeks and see if you are a plover lover too.

Dr Chris Andrews RSPB



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Abi on 07538 819472

Tuesday

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Wednesday

Swineshead Village Hall

5.30pm & 7.30pm

Ali on 07538 819472

St Thomas Church Hall

5.30pm & 7.30pm

Gary on 07789 936722



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Thursday 2.00pm to 4.00pm
Saturday 10.00am to 12 noon

You can Pop in and have a chat with us. Like our Facebook page (Kirtton community library) or contact Frances on 07845 481621 or f_brooks@sky.com

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10am--4pm



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I wanted to say a huge thank you for hosting your Coffee Morning.

I hope you felt proud as everyone came together to tuck into all those delicious treats. Whether it was with cake, a cuppa or clinking glasses, you did something extraordinary.

So here's to you! Thank you again from the bottom of my heart (and my mug) for raising £223.50.

Every penny you've raised will help Macmillan be right there for people living with cancer, as we continue to offer emotional, physical and financial support to those who need us.

Your Coffee Morning really does count, and I hope we can do it all again next year.

Abby,
Head Coffee Lady

MON	Kirton Leisure Kirton Leisure	MEN ONLY PILATES BOX FITT	6.00pm - 7.00pm 7.15pm - 8.00pm
TUE	Kirton Leisure Studio, Kirton End Studio, Kirton End Kirton Leisure Kirton Leisure	PILATES PILATES PILATES PILATES AEROBICS	9.00am - 10.00am 10.30am - 11.30am 12.00pm - 1.00pm 6.00pm - 7.00pm 7.15pm - 8.00pm
WED	Kirton Leisure Kirton Leisure Kirton Leisure	PILATES LBT PLUS WEIGHTS WO	9.00am - 10.00am 6.30pm - 7.15pm 7.15pm - 8.00pm
THU	Kirton Leisure Studio, Kirton End Kirton Leisure Kirton Leisure	PILATES PILATES PILATES AEROBICS	10.00am - 11.00am 1.00pm - 2.00pm 6.15pm - 7.15pm 7.15pm - 8.00pm
FRI	Kirton Leisure	PILATES	9.00am - 10.00am

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Tastebuds...Hot Chicken Salad

Gillian arrived she had been making and eating hot chicken salad, it created a discussion on how people make it. I was stunned it had nothing to do with salad but sounded wicked! So I have found the recipe and can tell you that Gillian uses a tin of condensed mushroom soup instead of or mixed with, the mayo. I gather this is not an exact science recipe, use it as a guide line and get creative!

Ingredients:

Cooked chopped chicken	3 cups
Finely diced celery	2 cups
Mushrooms	1 cup
Red pepper	1/2cup
Slivered toasted almonds	1 cup
Chopped onion	1/4 cup
Grated cheese	1 cup
Juice of 1/2 lemon	
Helmans Mayo	1 cup
yoghurt or sour cream	1 cup
Black pepper	to taste



Additional grated cheese and crumbled plain crisps/cornflakes

Method: Mix it all together pile into a shallow oven proof dish, roughly level sprinkle with additional cheese—parmesan is good—and sprinkle with crushed crisps or cornflakes to lightly cover—odd I know but it works!

Cook : oven 350F or 175C for 30 /40 mins - eat slowly



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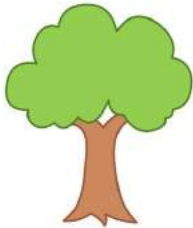
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Frampton Gardening Club...Maggie Welberry



I would like to begin by wishing everyone a belated happy new year and good gardening weather for 2020. Once again we have had a mildish, if very wet beginning to January, certainly not serious gardening weather. The odd pleasant day allowing us to venture out has been very welcome, giving a chance to tidy up and prune were necessary, it is also a very good month for a social lunch for all the members and their guests to enjoy at the Supreme Restaurant. The last club meeting was at the end of November, when Dorothy Wood

gave us an interesting talk on garden planning and the different use of plants and shrubs to create either formal or informal cottage garden designs. This was followed by a varied cheese, wine and Christmas inspired supper, getting us all into a festive spirit. This was so much enjoyed by members that the committee have been asked to repeat it for the same meeting next year. Our next meeting will be held on

Thursday 30th January and the speaker will be Mark Digging who goes by the intriguing name of "The Pea Man". The following month the meeting will be on Thursday 27th February and our speaker will be from the R.S.P.B. talking about their Young Explorers. All our meetings are at Frampton Village Hall and start at 7.30pm on the last Thursday of the month, excepting June, July and December. Our summer outings this year start with a full day

out, by coach, to Grimsthorpe Castle on Tuesday June 16th, this includes both the castle interior and the gardens. The July outing is yet to be arranged. If any reader would like to come along to our meetings, we would make you very welcome, a general interest in all things horticultural or a desire to learn, is all that is needed, no special knowledge required. I hope by the next time this magazine is printed, the fields and gardens will have dried out and we will be able to look forward to warm, sunny weather bringing daffodils, tulips and other spring plants into flower. Spring can only just be around the corner, my hens have started to lay again and our rescue hedgehog will be ready to venture out. He or she (how can you

tell?) was discovered scavenging under our bird feeder one wet night, just before Christmas, obviously far too small to hibernate and perilously underweight, we prepared a cosy nest in the glasshouse and gave it dog food and water. The next day we bought proper hedgehog food from the pet store and have been feeding it ever since. Christened 'Holly', and, judging from the amount of food being consumed, and the amount of 'poo' being produced, it has decided not to hibernate, but build up its strength for a spring offensive on the garden, by which time it should be the fattest hedgehog in Lincolnshire. I can only hope we will be rewarded by a slug free garden, but I suspect we will still be putting out food for it, the same way we feed Blackbirds all winter, only to watch them ravage our soft fruit in the summer. 27



16th January 2020

New View Windows Ltd,
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Dear Wayne, Mandy and staff at New View Windows

The Poppy Appeal and Kirton and District Branch of the Royal British Legion would like to say how grateful we are to New View Windows for their generous support of the poppy appeal in their first year of trading from the old Algarkirk railway station.

At the start of this year's remembrance period I had a call from Mandy to ask if New View Windows could have a poppy collection box in their show room, as poppy Appeal Organiser I was very pleased to say yes and duly made up a box of poppy's and other items that we had.

When this was collected by my colleague he was pleased to find the collect box was very heavy which indicated that it was a very generous collection he was then informed by Mandy that Wayne had said he would make an additional donation for the poppy appeal from the sale of each conservatory made in the remembrance period.

So, it is with great pleasure that my colleague and I receive a cheque for £200.00 from Wayne and staff of New View Windows for the poppy appeal.

To date the Kirton and District Branch area of the Royal British Legion has donated to the Poppy Appeal the grand sum of £3646.42 so with this donation from New View Windows it is £3846.42.

I would just like to say thank you again for all your support and wish you, your staff and your customers a happy and a prosperous 2020

Yours sincerely
Mr Roland Reece
Poppy Appeal Organiser & Chairman.

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Frampton WI



Happy New Year to all members of Frampton WI and those of you who follow us. We are entering our 84th year and still going strong. Sadly our Press Officer has resigned from the committee and from WI, she moved out of the area a while ago and has been making mammoth journeys every month to be with us but now has become a first time Grandma—so Janice we miss you but enjoy and relax! This does leave

me writing the column again. - sorry! December saw us having to change our meeting for Mr Johnson—why is it always the second Thursday of the month, then the speaker couldn't make it, we soldiered on and borrowed Wyberton WI Hall and had an impromptu party involving mince pies sausage rolls and bucks fizz and a few games of Grab Bingo—you had to be there! The electrics blew and the ladies got out their phones, found their torch apps, and sat wrapped in coats gloves and scarves as the heating didn't work if the lights were on. The room was filled with laughter, sometimes the unexpected is really rather good. January we had a talk on Bolingbroke Castle, which has left me determined to visit the site. Tonight is our annual Dinner we are off to Merrimans for a change and have high expectations, and shortly after 20 or so members leave for a holiday in Cricket St Thomas. Sign of the times, I've had to work out if they will be back before you read this ...and they will be. We have had a good year at WI, as a relatively new President it has been a sharp learning curve—not only WI matters but also things I didn't realise about myself. Our Book Group goes from strength to strength and our craft group—well they are incredible. We have ladies who knit, who sew, who cook, who care, who laugh, who enjoy gin, and some even enjoy a wicked joke or three. Our members are a font of incredible knowledge, last month a lady brought her knitting she was in a pickle with it and another sorted it out for her there and then. To those ladies who say they can't join WI because they don't knit sew or cook....try it, we don't need you to have a skill we just want to meet you! Our next meeting is on 13th February (second Thursday of the month) the speaker will be Alan Lambert the subject, A Detectives Tale. The competition will be ...something wooden, and the refreshments by Lesley, Maggie and Kathy. We meet at the Village Hall on Middlegate Road at 7.30pm but ladies arrive from 7pm, parking is on the road outside. If you would like to come along just phone or email Gillian or Vanessa and we will make sure to keep an eye out for you and pair you with a member for the evening. Your first visit is free.

Vanessa Jameson

Vanessa Jameson (President) on 07955 763473 vanessajameson@btinternet.com

Gillian McBride (Secretary) on 0784 5931770 gillianreece774@btinternet.com



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