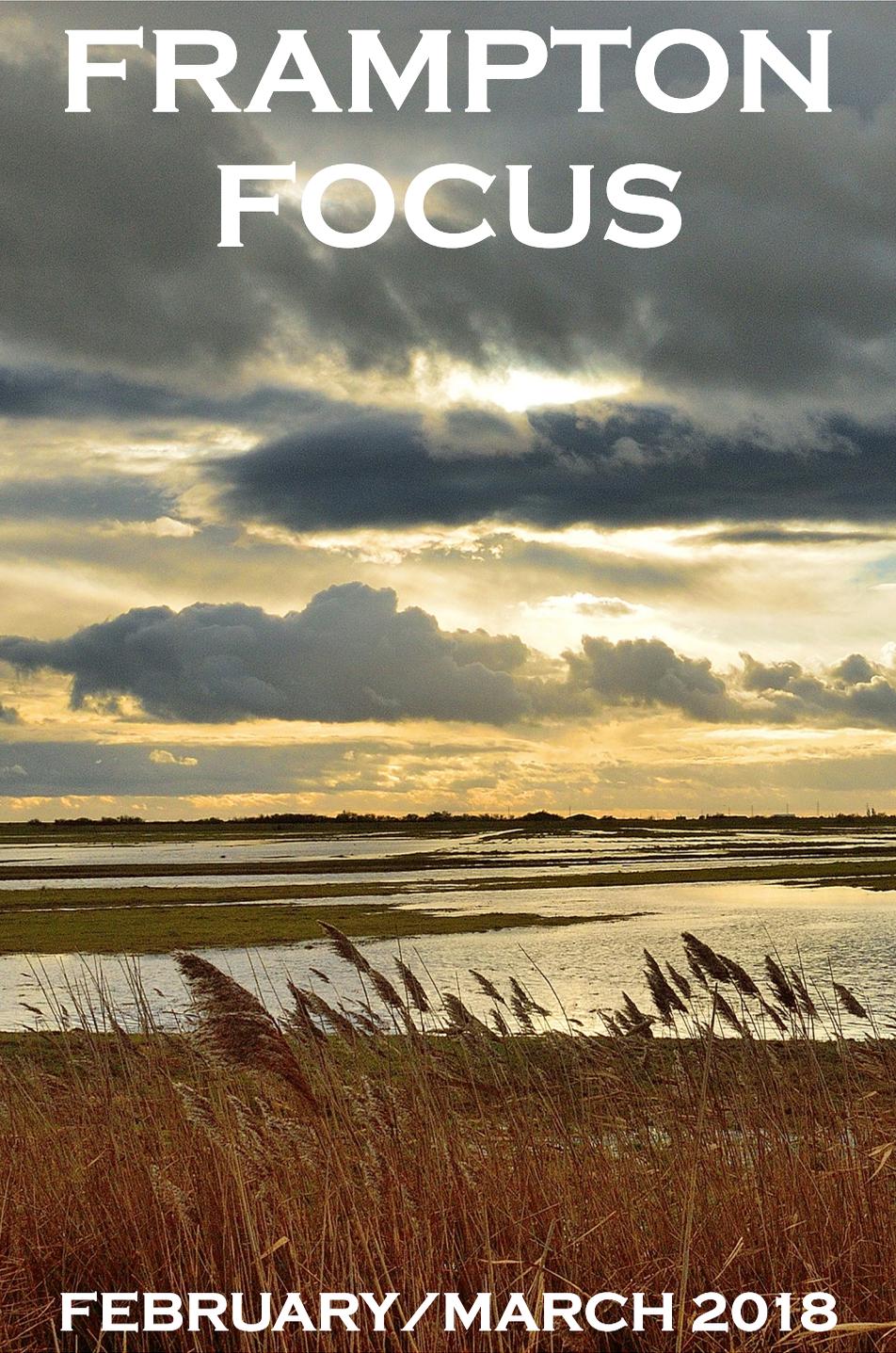


# FRAMPTON FOCUS



**FEBRUARY/MARCH 2018**

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<b>St Michael's Deputy Church-warden</b>	Val Marriott	01205 822917
<b>St Mary's Churchwarden and FoFC Chairman</b>	John Cooper	07967 559818
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<b>Frampton Village Hall Bookings</b>	Joanne Plummer	07902 510126 (after 6pm please)
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<b>MP</b>	Matt Warman MP	01205 449235 Matt.warman.mp@parliament.uk
<b>Kirton Police Station</b>	PC Martin Appleby	01205 722002 / 07500 920446

## Village Activities

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Pilates	Maxine	07855 377939
Hand Bell Ringers	Maria	722191
Keep Fit and Dance and Beginners Tap	Jo Sutton	723971
Mothers Union	Margaret	368327
Friends of Frampton Churches	John C	07967 559818
Gardening Club	Ray	723181
Frampton WI	Carol	722879

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## Diary Dates

### February

8	WI	Frampton Village Hall	7.30pm
17	Mumbo Jumbo	Frampton Village Hall	7.30 pm
18	Hubberts Bridge Model Show		10am - 4pm
21	Boston Then and Now	St Michaels	7.30pm
22	Frampton Gardening Club	Frampton Village Hall	7.30pm

### March

8	WI	Frampton Village Hall	7.30pm
12	History Group	St Michaels	7.30pm
19	History Group	St Michaels	7.30pm
26	History Group	St Michaels	7.30pm
29	Frampton Gardening Club	Frampton Village Hall	7.30pm

### April

3	FoFC Annual Meeting		
10	St Michaels AGM - All Welcome		
15	Table Top Sale	Frampton Village Hall	9.30am - 1pm
28	Coffee Morning	St Michaels	10am - 12 pm

### May

19	RAF Digby Military Wives Choir	St Marys	
----	--------------------------------	----------	--

## The Editor

Im panicking, I wont have enough room for everything I need to pop in and a bit left over for everything I want to pop in! Remembering that people have told me things they need to say, things they forgot to email and wishing I had written it all down - there goes resolution one - to be more organised! Someone said to me "New Year - New You" ..well I fear haven't changed much with the new Calendar. We have had a whirlwind of Flu and Pneumonia sweeping the Village if you are reading this in your sick bed snuggle down and keep warm there's a very chilly wind blowing and enjoy what we have to offer.

Local man Mick Roberts takes amazing photos and when he took this I knew it was right for the magazine, its taken from the small car park looking across the wetlands instead of the usual view across the main lagoons at the RSPB, its moody and sultry but strangely mesmerizingly calming. So holding that thought ...read all about ducks in the RSPB article by Chris Andrews. On page 9 we have a tribute to June Skate. Frampton WI let us know what's happening for them this year. On Stage in Frampton is back with the Mumbo Jumbo Band, grab your ticket from the flower shop, pack your glass and your beverage and head off for a night of musical entertainment. Joan Deane explains what's happening at Friends of Frampton Churches and the History Groups invite you to three evenings all for the bargain price of £9! David Shaylar is back with his Bee Blog, John Marshall is looking forward to Spring and has given us a Wordsearch. Maggie Welberry has her first report on Frampton Gardening Club activities, Heritage Lincolnshire have an update on the Old Kings Head in Kirton, and we have been sent information from ITV, they are looking for Grandparents, so if you fancy stardom see page 29. The Kirton Kids Club are enjoying the new term with a few places still available. On the back page you will find the new Winter Menu from Kirton Cottage, Im already planning a 'ladies who lunch trip' I have a feeling thats just put paid to resolution two....I have heard there's talk of a Farmers Market coming to Kirton...fingers crossed, and I cant go without mentioning a band of Frampton litter pickers who braved the cold winds this week and collected 14 bags of litter in two hours. The Council arranged to collect it and our village is now looking less littered. Predominantly the litter was drink cups, booze bottles and sandwich wrappers, with a few black sacks of household rubbish just for good measure. So if you are that coffee alcohol drinking sandwich eater who doesn't know where the council tip is located, who threw your rubbish out of the window as you drove down the lane, you can rest easy, its been picked up for you and disposed of correctly, so now you too can enjoy our lovely countryside, please take your litter home. Resolution three - tick!

We welcome two new advertisers this month Angels Taxis - always handy to have that number! And Slimming World on page 8 possibly a must after "ladies who lunch".

Happy New Year Everybody

**Vanessa Jameson**<sub>4</sub>

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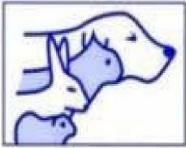
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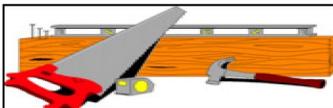
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## Now Then Me Duck!



Hello again! Chris from the RSPB nature reserve here with your regular look at the local wildlife. This time, I'm ducking the issue!

This area is a haven for ducks during the winter. Summering in the Baltic, Russia and Scandinavia they escape the icy weather there and come to our comparatively milder shores. Possibly the most obvious here at Frampton Marsh are the wigeon. Big plump ducks, the males have grey bodies with a pink front, a chestnut head and just a hint of green eyeshadow! The females are delicately patterned reddish brown. They do make a lovely noise too, a whistling "wee-ooo". Importantly over 10% of the world population winters in the UK, with up to 10,000 birds being seen on the RSPB nature reserve at any one time. Unlike many ducks, they are often not to be found on the water, but like to graze the grassy fields like sheep.

The UK is similarly important for another wintering duck, the teal. Up to 17% of the world population winters in the UK, with up to 3,000 at Frampton Marsh. It just shows how important on a global scale RSPB reserves can be, and why we have to protect our wetland areas. Teal are small ducks, much smaller than most others. Females have the brown camouflage that many ducks sport.

Males have grey bodies, a fancy red and green head and a yellow bum! They are often to be found at Frampton Marsh dabbling around in the small ponds or flooded fields, looking for seeds from grasses and other plants.

So some big numbers there. The third duck I'd like to mention is nowhere near as numerous. Pintails are big ducks, but one that looks slim and elegant. Yes, females have the brown camouflage, but males are grey, with a white front and a chocolate brown head.

Their most impressive feature however is the tail, in which two feathers are much longer to make a spike, their "pin tail". Pintails hold an important part in the history of the RSPB as our first employees were paid to guard their nests up in Scotland. Generally this is a much less common winter visitor. Up to 60 can be found on the reserve at any one time.

So there are three winter ducks to look out for. There are others you can see all year round. Shovelers, mallards, gadwalls, shelducks... The list goes on. So if you are coming to pay us a visit keep your eyes open for these ducky delights!



A Wigeon by Mike Langman  
[rspb-images.com](http://rspb-images.com)

**Dr Chris Andrews RSPB**



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Ruby Hunt Centre, Donington  
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Pam - 07880 557854

## Wednesday's

St Thomas's Church Hall  
7.30pm  
with Danni - 07917 897292

Swineshead Village Hall  
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with Abi - 07538 819472

## Thursdays

Ruby Hunt Centre, Donington  
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## Mrs June Skate

It was with great sadness that we, at St, Michaels, learned of the death of our friend and organist on Christmas Eve. June was a mainstay of our Church. She meticulously cleaned it for many years, arranged beautiful flowers, and of course, played the organ for our services. She was an accomplished knitter, and many a new baby at Pram Service had a matinee jacket, bootees etc knitted for them. She was an important part of Pram Service since its inception over 40 years ago and it was my privilege to work with her on it for nearly 20 years - we had some wonderful moments. She was also fun, taking part in the Candlemas Pantomimes, comedy sketches at Harvest with great gusto. She loved animals, big or small, having a spaniel always at her side and learning to ride. She arranged several Animal Blessing services at St. Michaels. We send our love and prayers to her husband Norman, at the moment in respite care. We also send our thanks to Wendy and Pete Burton for looking after Norman so lovingly after June`s death. Her memory is everywhere, we will miss her greatly - God bless June - rest in peace.

From your friends at St. Michaels

## The 100 Club

### St Mary`s 100 Club Winners

<b>December</b>	£40	Number 46	Mrs J. Dickinson
	£25	Number 26	Miss M. Freeman

<b>January</b>	£25	Number 37	Mrs A. Langley
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Entry for the draw costs only £1 per month and can be paid monthly, yearly or any amount in between and you can join at any time of the year. Half the money received is returned in prizes. If you would like to join the list of members please contact Joan Deane on 01205 722744.

# Frampton WI



## Happy New Year!

**Birthdays for January** – Wishing a very happy birthday to Joy, Val, Pat, Sue and Kathy. Thank you to everyone who provided the wonderful buffet at the Christmas party, to Mike Eyre our amazing Maestro, we actually sang Jerusalem!! and to all who contributed in any way to making it an enjoyable evening, especially Len for getting the heating fixed!

**Annual Subs** – The subs were due again in January, they are £41 this year. A total bargain comprising of 11 monthly meetings with coffee and cake and entertainment and we usually manage two trips a year at your own cost but aim to keep the price as low as possible.

**Speakers for January and February** – Unfortunately the 'Bra Ladies' cancelled in January, so Leonard Priestley told us about his adventures as a removal man a month earlier than expected. He was hilariously funny with occasional sad moments, a thoroughly enjoyable evening! Our very own Mollie Varatheesan will be bringing her saris, and her daughter, to our February meeting, Ladies this is not to be missed.

**New Year Meal** – We once again ventured to The County Club, Boston for a 3 course evening meal on Tuesday 16<sup>th</sup> January, the food was yummy, the company amazing - we even had five gentlemen join us!

**Spring Council Meeting** – Tickets are now available for the annual Spring Council Meeting at Springfields in Spalding on 13<sup>th</sup> March 2018. The speaker this year is Julie Summers, talking about her new book 'Our Uninvited Guests'. It is a good day out, with time for shopping afterwards, and tickets are £14.50. Please see Carol if you wish to order a ticket.

**Outings 2018** – We are kicking off the year with a Valentines Afternoon Tea on 14th February, for WI members only, please contact Vanessa if you would like to Join us.

**Competition** – the competition for February will be something beginning with F and for March G. Try and think outside the box, and see what you can come up with! Please don't forget to vote, even if you don't enter the competition, the more entries there are the better fun it is. Its not long now until the award of the Cup.....

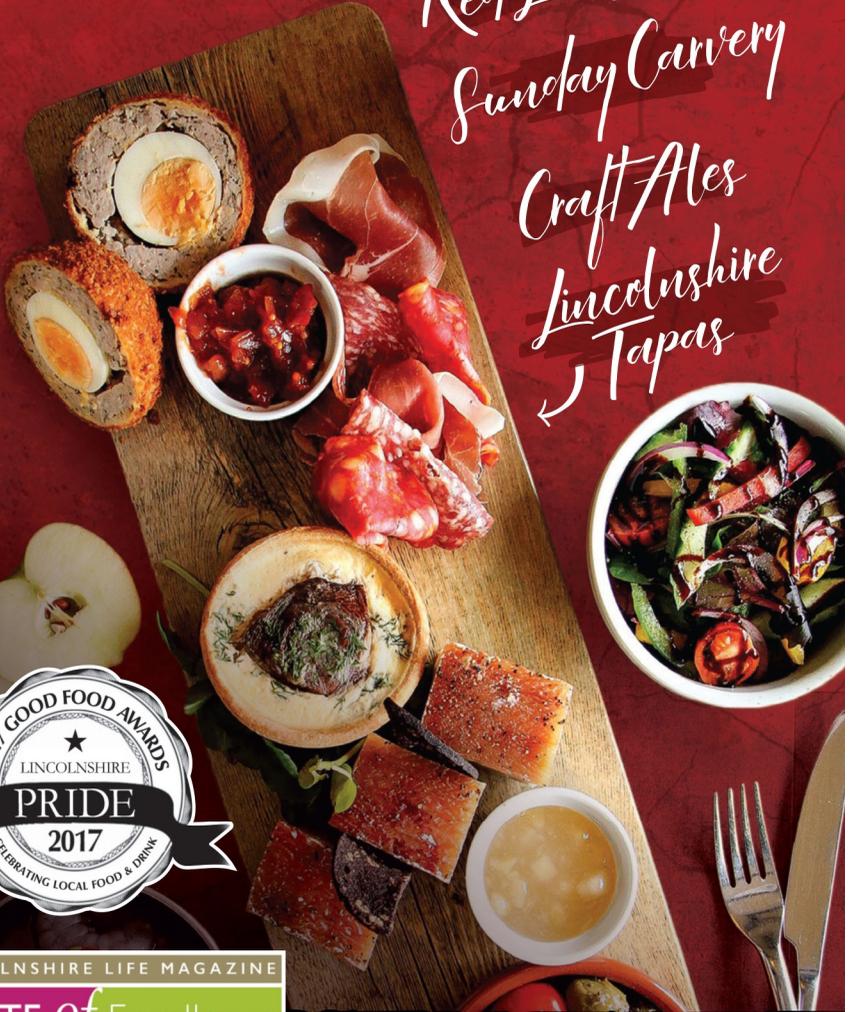
If you are interested in joining the WI, please do come along and give it a try. We are a friendly group and you will be made most welcome. We meet on the second Thursday in each month at 7.30 pm and your first visit is free. (No meeting in August) For further information, please contact Vanessa Jameson on 07955 763473, email [vanessajameson@btinternet.com](mailto:vanessajameson@btinternet.com); Janice Cotgreave on 01205 724617, email [Janice.cotgreave@btinternet.com](mailto:Janice.cotgreave@btinternet.com) or Carol Patrick on 01205 722879, email [carolpatrick@gmail.com](mailto:carolpatrick@gmail.com)

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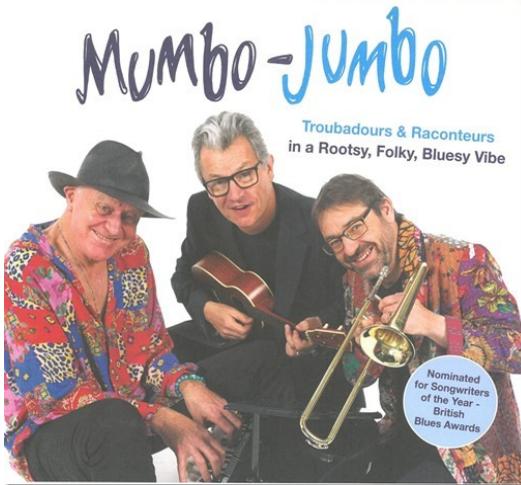
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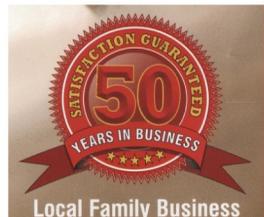


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## Friends of Frampton Churches (FoFC)

It is five years since FoFC was formed with the aim of organising events which would give enjoyment to local people (and to people from further afield as it turns out) and would also raise funds to help preserve the fabric of St Marys Church, Frampton and St Michaels Church, Frampton West. Through these events, together with generous private donations and membership fees, over £40,000 has been raised. This has enabled the Friends to help with the cost of the replacement of the roof covering the south side of St Marys and promise help with work which needs to be done on the spire. Other projects are also in the pipeline. We are registered with the Charity Commission and also with HMRC for Gift Aid so that we can make the most of any donations we receive. None of this would have been possible without the generous help of our supporters and the Trustees are grateful to everyone who has helped in any way. Special mention should be made of the late Brian Chittim who was so helpful in auditing our accounts each year.

As we enter our sixth year our enthusiasm is undiminished! So far we have five events planned for the year. Details of the first one, Neil Watsons talk, are elsewhere in this magazine.

**April 3rd** is our Annual Meeting in St Michaels Hall with a speaker and refreshments to which members are invited.

**May 19th** RAF Digby Military Wives Choir in St Marys

**Summer isn't Summer without Framfest!!**

**Sept 21st** The Lincolnshire Film Archive in St Marys

One practical way of showing your support is to become, or continue to be, a member - the fee is a minimum of £5 a year. There is no commitment beyond this unless you wish to be more involved. For more details contact the Hon. Treasurer, Joan Deane on 01205 722744 or joandeane@tiscali.co.uk



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## FRAMPTON HISTORY GROUP

### Spring programme 2018

Mon 12 March

Carol Lidgett - Dame Sarah Swift and Sg H. Jackson, two notable Kirtonians.

Mon 19 March

Roy Hackford - Boston in old photos. As a member of the family which took the earliest pictures of the town, Roy will have some fascinating scenes to show us.

Mon 26 March

Joan Deane – Frampton and the Great War.

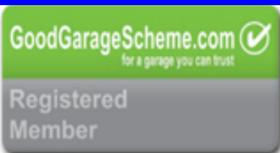
100 years after the end of WW1 this seems a good time to find how it affected the village.

Talks start at 7.30pm in St Michael's Hall, Frampton West, and cost £3.50 each (including tea/coffee/biscuits) or £9 for the three.

If you would like more information call Joan on 01205 722744.

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# A Taste of Honey.....

As Christmas fades into the distance, it is a good time to check and review last year's beekeeping records, focusing on what worked well and what did not!

## **December**

My bees have been very quiet as expected. The hives at the farm look very exposed now all the trees and fields are bare. All I can do is check them for damage from wildlife and the environment and carefully lift them one side (heft them) to gage the weight of stores remaining. I resist the temptation to look inside considering how cold it has been. My hive in the garden is totally still. Almost worrying but I am aware that letting them get cold now could be fatal.

## **January**

In the garden yesterday (22nd) I noticed a couple of my bees venturing out of the hive, (fantastic) they didn't go far from the entrance, just a small circle around then back inside. We have snowdrops coming up in the garden already and the weather was calm and mild so I decided it a good time for a look inside. I prepared food for all three hives just in case. While pollen is becoming available food is still scarce so it is a good idea to feed the bees a little to encourage foraging but still maintain food if it is in short supply.

Suited up, I removed the lid of my garden WBC hive, I could see quite a few perished bees between the outer and inner boxes. I didn't remove the outer lifts just the insulation at the top. Half a dozen came out to see me and there was plenty of activity around the crown opening. I put the feed in place and boxed them up again.

At the farm, still suited I checked both hives. The first very quiet inside only a few bees came to the top even though food was still available from before the cold weather came. I drizzled a little syrup directly into the crown opening to show the bees food was close by. A couple of bees came to see but none took flight. I really want to have a better look as soon as I can.

The second hive (*the bees I left with their super in place instead of feed*) I removed the lid to find hundreds of very busy bees. Brace comb had been made through the crown up onto the lid. Quite incredible. I scraped of the excess comb and fitted a feeder. Healthy angry bees were flying now so a fairly rapid lid replacement and mental note to self. These girls are going to keep me on my toes this year.

**David Shayler**

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## Focus On Faith...Roll On Spring

I was very pleased to see my first 2018 snowdrops near St Mary's church - on Sunday 14th January. They appear so delicate but must be so hardy to withstand our wet and wintry weather! It reminds me that Spring is not exactly around the corner... but not too far off either.



The 2nd February marks the completion of forty days since the birth of Jesus, when Mary and Joseph took the child to the Temple in Jerusalem. The requirement was for Mary to be 'cleansed', the completion of her purification following the birth of a male child. On seeing the holy family, Simeon praised God and acclaimed the infant as 'the light to enlighten the nations' - whilst the prophet Anna gave thanks and proclaimed him her Redeemer. The image of Christ as the Light has led to the celebration of light countering darkness, with candles often taking a central place in the observance of this festival as the Feast of Candlemas. Then comes **Lent beginning on Sunday 18th February** - as indeed the days are **lengthening!**

I have recently rebuilt the church website, (\*URL below) so it should be easier to access via PC, laptop, tablet or iphone. Do take a look!

You could even download a copy of our Parishes Profile - as we still await a new Vicar... Keep praying!

**John Marshall - Reader**

\* [www.framptonchurch.com](http://www.framptonchurch.com) or [www.wybertonandframpton.org](http://www.wybertonandframpton.org)

<b>SERVICES</b>	<b>St Leodegar's</b>	<b>St Michael's</b>	<b>St Mary's</b>
<b>February 4</b>	9.30am HC	8.30am MP	11am MP
<b>11</b>	9.30am HC	-	11am HC
<b>18</b>	9.30am MP	-	11am MP
<b>25</b>	9.30am MP	9.30am HC	11am HC
<b>March 4</b>	9.30am HC	8.30am MP	11am MP
<b>11</b>	9.30am HC	-	11am HC
<b>18</b>	9.30am MP	-	11am MP
<b>25</b>	9.30am MP	9.30am	11am HC

Please check the weekly pew sheet or our online calendar at: \*

[www.framptonchurch.com](http://www.framptonchurch.com) for details of services - which may vary, especially during our Priest vacancy.

T	E	W	B	R	M	A	R	K	S
D	E	M	I	A	L	C	C	A	E
D	F	A	R	C	E	F	M	L	I
O	N	E	T	I	M	E	B	J	N
G	O	C	H	V	L	A	E	O	G
N	I	L	E	D	E	S	G	S	N
I	T	E	N	M	U	T	N	E	I
R	A	A	A	S	X	N	I	P	N
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O	R	E	D	E	E	M	E	R	N
C	U	T	E	T	E	M	P	L	E
S	P	O	R	D	W	O	N	S	L

Focus on Faith

## WORDSEARCH

Find the 3 words  
not in context and  
1 repeated word!

Answers on  
Page 27



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# Frampton Gardening Club



I'm writing this in January, the time for making New Year resolutions, rather than actual gardening. The good thing about making horticultural resolutions is that things can only get better, after the rain, gales, frost and snow that heralded the start of 2018, we promise ourselves that we will do all those things we didn't do last year, and those things we did, better.

As the first aconites and snowdrop brave the weather and I look forward to daffodils and tulips, I realise that I have already broken one of last year's resolutions to plant more bulbs. There are never enough, and as our meeting in November was an entertaining evening with Chelsea Flower Show multi-gold medal award winning, Johnny Walkers of Taylor's Bulbs, I have no excuse. Johnny's talk and slide show was a fascinating insight into the blood, sweat and tears needed every year to win one Chelsea gold medal, and Johnny has won 24 consecutive gold medals for his amazing display of Daffodils. He has also won many RHS gold medal at other shows. Not difficult you think? Well consider that Chelsea Show takes place at the end of May, when most daffodils have been over for two months. We will all be crossing our fingers and toes that all the hard work this year, will result in that 25<sup>th</sup> gold in May.

Our annual after Christmas luncheon took place again at the Supreme Hotel, where 44 members and guests enjoyed the usual delicious meal in good company and pleasant surroundings. Members had their meal partially subsidised by club funds, making the annual subscription of £10.00 excellent value for money.

If you would like to come along and join us, your first meeting is free, giving you a chance to sample the friendly and interesting atmosphere at no cost. We meet every last Thursday in the month at Frampton Village Hall, on Middlegate Road at 7.30pm, and the cost for each subsequent meeting is only £1.00. So why not make a date to join us?

The good news is that from now on the days will lengthen and even in January and February there will be days when the wind drops, and the sun comes out to warm our backs, and we all cheer up.

Happy gardening for 2018.

**Maggie Welberry**

**Front Cover Photo by Mick Roberts**



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Lincolnshire, PE22 7EL**

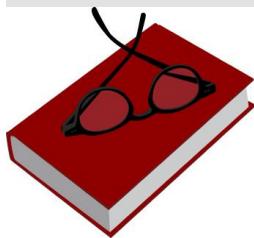
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**[www.bostongc.co.uk](http://www.bostongc.co.uk)**



## A Good Read...by Phil Jameson



With the 100<sup>th</sup> anniversary of the start of the 1<sup>st</sup> World War in 2014, I realised that I knew little of the reasons for the start of the conflict beyond the “assassination of the Archduke Ferdinand”. Following a positive review in a newspaper, I bought “The Sleepwalkers” (How Europe went to war in 1914), written by Christopher Clark. The book starts off at a great pace with a graphic account of the assassination of the King and Queen of Serbia, together with relatives and government officials, by the Serbian military, in 1903. It goes on to explain the background to the coup, several years in the making, and then broadens out to take in the rest of Europe.

This is quite a book, 560 pages of intricate detail of the social and political machinations of the European nations that were continuously vying for influence, economic and strategic advantage over neighbouring states and empires. It explains the historical legacies of the 19<sup>th</sup> century that saw Italy and Germany formed as nation states at the expense of France and the Austrian empire, the internal upheaval in Russia and its defeat by Japan at the turn of the century, the weakening Ottoman empire that all nations, including the Balkan states, saw as an opportunity for a quick land grab and led to the Balkan wars of 1912 and 1913. It culminates with the Serbian inspired plot to assassinate the Austrian Crown Prince in Sarajevo in 1914, which, after a month of international wrangling, brought the variously aligned European nations into the Great War.

If there is room for more of the same, Margaret Macmillan “The War That Ended Peace”, covers similar ground but puts more meat onto the bones of many of the political and Royal figures so influential in the road to war, and the complex relationships between individuals and nations. The 600 page book explains the jealousies between countries over colonies and empire, between heads of state - the rulers of Britain, Germany and Russia were all cousins, of course. It paints an ever changing picture of alliances and treaties, the strategic manoeuvring and division of smaller countries between “the Great Powers” (with little reference to the smaller countries themselves). Disturbingly, there are many parallels to what we see in contemporary events – what we now call “state sponsored terrorism”, active in the Balkans with Russia and Serbia the chief Protagonists, the annexation of Bosnia by the Austro-Hungarian empire, the exclusion of ethnic minorities, the invasion of countries on a pretext of protecting native speakers. I still have a 100 pages to go with this book, but together with the Sleepwalkers, I would recommend it to anyone who wants to understand more of the origins of WW1.

Still on a non-fiction theme, but a lighter read, “Dam Busters, The Race to Smash the Dams, 1943”, by James Holland, has a sound Lincolnshire connection, and provides much more information around this famous air attack than I had ever known before. The introduction to the book states that what most people know of the Dambuster raid was most likely drawn from the film made in the 1950s based on a book by Paul Brickhill, and one of the most memorable characters depicted, apart from Barnes Wallis and Guy Gibson, was Gibson’s black Labrador dog.

This book has been written with access to much more material than was available then, and provides a fascinating and fast paced account from the conception of the operation - Wallis’s apparently eccentric idea to bounce a bomb along the surface of the water initially inspiring ridicule and hostility in the Air Ministry, and then taken into development as a serious solution to attacking large naval ships, with the dams as a secondary development stream.

Although there is a wealth of technical detail in the development of the weapon and the modification of the aircraft to deliver it, Holland also puts detail into the personnel involved in the operation, from Wallis and the Air Ministry Chiefs who had to be won over, to Gibson and the crews that formed the Dambuster squadron, many of them from the Commonwealth, and also those on the receiving end of the raid, who saw homes destroyed and family members killed as a result of the raid. The appalling risk of night flying bombers over wartime Europe is graphically demonstrated in the many aircrew casualties from the raid, and makes a thought provoking impact on anyone reading this excellent book.

**A new TV programme is looking for Grandparents who want to spend more quality time with their Grandchildren**

***Are you a Grandparent?***

**Do you have three or more Grandchildren aged over 18?**

**Do you wish you saw them more often?  
Would you like to help them out?**

**If so, a new Documentary would like to hear from you!**

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# Heritage Lincolnshire

## ***Local Community Pull Together to Save The Old King's Head***

Heritage Lincolnshire are delighted to announce that they raised £5,226 in their community based crowdfunding campaign to save the Old King's Head in Kirton, near Boston. The project to renovate and refurbish this building is set to total £2.8m and the charity has applied to the Heritage Lottery Fund for a major grant of just under £2 million. The charity hopes to announce their decision shortly. In the meantime, the local community has put their best foot forward, demonstrating their affection for the building and a genuine enthusiasm for the project.

The crowdfunding campaign, open for anyone to take part in, was a fun way to engage with the history on their doorstep. The Heritage Lincolnshire team, including several local volunteers, hosted a total of five different events in the village of Kirton, attended local events, offered talks to community groups and led hard hat tours of the building. Highlights were the Festival of Food, Murder Mystery and Pub Quiz.

*"It has been really exciting for us and the campaign has helped to raise the profile of our project hugely. This crowdfunding campaign is our most successful individual giving campaign to date and we have learned lots of really valuable lessons about how to develop this in the future. We are so grateful to the community for their support and we were amazed to see how from how far afield our supporters were from too!" – Liz Bates Chief Executive Officer, Heritage Lincolnshire*

The crowdfunding campaign was an important part of Heritage Lincolnshire's approach to returning the Old King's Head into a community café, shop and B&B. It is planned that repairs will commence in Spring 2018, but there is more fundraising to do. You can still donate via our special crowdfunding page at [heritagelincolnshire.org/okh](http://heritagelincolnshire.org/okh) and if you would like to be a part of the campaign or you are interested in volunteering get in touch!

Email: [htladmin@heritagelincolnshire.org](mailto:htladmin@heritagelincolnshire.org)

Tel: 01529 641 499.

SNOWDROPS, PURIFICATION, FEBRUARY, CANDLEMAS, CLEANSED, AC-  
CLAIMED, LENGTHENING, VICAR, PRAYING, FEAST, COUNTERING, TEM-  
PLE, BIRTH, JESUS, LENT, JOSEPH, MARKS, MALE, DAYS, TIME, FAR,  
WET, FARGE, NILE, CUTE, ONE, NAME, ABLE, SEEING, TIME, GOD,

# Kirton Kids Club



**Brrrrrrrrrrrr!**

**Back to school and it's still very cold and wet but at least we are now looking forward to the spring.**

**The children have made some lovely 'leaf art' this term already and love taking their 'treasurers' home.**

**There are lots of arts and crafts planned for this term again – its managing to fit it all in that seems to be impossible some times.**

**Christmas feels a long time ago now (even though in reality it isn't) and the children were excited to tell of the toys and games they received from 'Santa' this year.**

**It will be nice when the weather allows us to play outside more – at the moment the grass and astro turf are very soggy and wet but we only need a few dry days and we can use our amazing astro turf area once again.**

**The children will be setting plants and flowers when the weather allows too – always something that makes our outside area look so much better.**

**The children do get a great walk to and from school each day – some of us twice a day.**

**They should all get certificates for being such 'fit kids' as they seem to enjoy their walk and are interested in what is going on in the village each day.**

**In the run up to Christmas 'Paul's' elves were very busy doing something different each day in the shop window – it began to be a competition to see who could tell us first what they were up to next!**

**There are still a few places on some days in the breakfast club and some afternoons after school.**

**If you wish to find out about availability please call 07583 762072 or email [kkc09@live.co.uk](mailto:kkc09@live.co.uk).**

**Breakfast club is still only £3.50 per child per session and after school is £5.50 per child per session.**

**Choice of breakfast is included and a 'high tea' in the afternoon session.**

# Tickle Your Tastebuds

## Ambrosia

1 can pineapple chunks  
1 can mandarin oranges  
1 banana sliced  
1 cup of grapes

1 cup miniature marshmallows  
1 cup of flaked coconut  
1/2 cup pecan halves  
1 cup sour cream or plain yoghurt  
1 tbl brown sugar

Drain tinned fruit, mix all fruits, nuts and marshmallows. Combine sour cream and brown sugar. Stir into fruit mixture. Refrigerate covered for 1 hour.

Eat for Breakfast ,Lunch, Dinner or Pudding!

## UKELELE ORCHESTRA of SPALDING



Sun 18th March  
2.30pm



St. Michael's Hall  
Frampton West

Tickets £4 (inc Tea & Biscuits)

Contact Rex 723579  
Nell 363935



All Proceeds to St. Mary's & St. Michaels Churches

## Pancake Fun Night

St. Michael's Hall  
Frampton West  
Tues 13th. Feb  
6.30pm

Tickets: £3.50

Games

Raffle

Tombola



For Tickets Tel: 722013

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723971

This event is to raise funds for Frampton  
Village Hall  
so please come & support us!!!!

# UKELELE ORCHESTRA of SPALDING



Sun 18th March  
2.30pm



St. Michael's Hall  
Frampton West

Tickets £4 (inc Tea & Biscuits)

Contact Rex 723579

Nell 363935



All Proceeds to St. Mary's & St. Michaels Churches



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CLASSES SUBJECT TO CHANGE

MON	Kirton Leisure Centre	<b>BOX FITT</b>	7.00pm - 7.45pm
TUES	Kirton Leisure Centre	PILATES	9.00am - 10.00am
	Studio, Kirton End	PILATES	10.30am - 11.30am
	Studio, Kirton End	PILATES	12.30pm - 1.30pm
	Kirton Leisure Centre	PILATES	6.00pm - 7.00pm
	Kirton Leisure Centre	<b>BOX FITT</b>	7.15pm - 8.00pm
WEDS	Kirton Leisure Centre	PILATES	9.00am - 10.00am
	Kirton Leisure Centre	<b>50 PLUS FITNESS</b>	10.15am - 11.00am
	Kirton Leisure Centre	<b>LBT PLUS</b>	6.30pm - 7.15pm
	Kirton Leisure Centre	<b>BOX FITT</b>	7.30pm - 8.15pm
THURS	Kirton Leisure Centre	PILATES	10.00am - 11.00am
	Studio, Kirton End	PILATES	1.00pm - 2.00pm
	Sportsman, Rosebery Ave	PILATES	6.00pm - 7.00pm
FRI	Kirton Leisure Centre	PILATES	9.00am - 10.00am

### • BOX FITT

All about working that cardio system. Improve your upper body, core strength and overall fitness. But don't panic your not going to be fighting against Amir Khan ....

### • 50 PLUS FITNESS

Build your strength and boost your balance, feel your endurance increase. Enjoy a good fun workout to the sounds of the 80's + 90's.

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### • LBT PLUS

A workout for leaner legs, brilliant bum, toned tum and amazing arms. The four areas that give us the most grief!

## ARTICLES AND LETTERS

I would be delighted to receive articles and letters and photos from you. **19th March 2018** is our deadline for the next edition.

**Email:** [focusonframpton@outlook.com](mailto:focusonframpton@outlook.com)

**Phone:** **07955 763473**

**Address:** The Old Vicarage, Church End, Frampton, Boston, PE20 1AH

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**Eighth A5 page = £35**

**Quarter A5 page = £70**

**Half A5 page = £140**

**Full A5 page = £240**

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**The Frampton Focus team would like to thank Chris Dixon who has delivered the magazine to residents of Lenton Way for a long while. Chris is now taking a rest from delivering and Jenny Jessop has kindly agreed to take on her round.**

Copies of the magazine are delivered by hand to many areas of Frampton but if you are without a copy you can pick one up at Kirton Leisure, St Marys Church, Kirton Medical Centre and Frampton Village Hall. If you would like to deliver the magazine please contact :

**Carol Patrick on 07971 761205 email: [carolpatrick@gmail.com](mailto:carolpatrick@gmail.com)**

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*bookings@kirton-cottage.co.uk*

## *Winter Lunch Menu*

### *Starters*

*Homemade Soup, warm Bread Roll*  
*Whitebait Fillets, Salad Leaves, Tartare Sauce*  
*Classic Prawn Cocktail*  
*Mushroom and Stilton Knots*  
*Pate, Toasted Crispy Bread*

### *Mains*

*Chicken Supreme, Tarragon and Blue Cheese Sauce*  
*Vegetable Wellington, White Wine and Dill Sauce*  
*Pan Fried Salmon, Parsley Sauce*  
*Lamb's Liver and Bacon, Mustard Mash Potatoes*

*All above served with New Potatoes, Carrots and Cauliflower*

*Scampi, Hand cut Chips and Peas*

### *Desserts*

*Pecan Pie, Cream*  
*White Chocolate Profiteroles*  
*Lemon and Lime Gateaux*  
*Bakewell Tart, cream*  
*Cranberry and Orange Cheesecake*

*Two Courses- £12.00, Three Courses- £15.00*