

STEP 1: 8 March



Schools and colleges are open for all students.
Practical Higher Education Courses.



Recreation or exercise outdoors with household or one other person.
No household mixing indoors.



Wraparound childcare.



Stay at home.



Funerals (30), wakes and weddings (6).

29 March



Rule of 6 or two households outdoors.
No household mixing indoors.



Outdoor sport and leisure facilities.



Organised outdoor sport allowed (children and adults).



Minimise travel.
No holidays.



Outdoor parent & child groups (up to 15 parents).

105. Rules around funerals will not change; these can proceed with 30 attendees and wakes with 6 attendees, though not in private homes. Weddings will still be able to proceed with 6 attendees only but will no longer be limited to exceptional circumstances.

106. **Outdoor vs Indoor transmission** Airborne transmission is a significant route by which COVID-19 passes between people. Particles of the virus can build up and circulate in the air in the form of aerosols in enclosed spaces (even if they are large) especially where air exchange is poor. This makes indoor settings more risky than outdoors, where the fresh air quickly disperses the virus to safe levels. This is confirmed by observational studies tracing people infected with COVID-19 which shows the majority of transmission occurs in indoor settings and that 'super spreader' events (where many people are infected at one time) are more likely indoors than outdoors. Though the airborne risk of COVID-19 transmission is much lower outdoors than inside, the risk of infection via larger droplets remains high if people engage in prolonged, face-to-face close contact with others. Therefore, maintaining 2m distancing outdoors is still advisable. Outdoor surfaces may also still become contaminated with the virus, so it is also important to be mindful of what shared objects, e.g. playground surfaces and gate handles, are touched, and to maintain regular hand washing.

STEP 2

At least five weeks after Step 1, no earlier than 12 April.



Indoor leisure (including gyms) open for use individually or within household groups.



Rule of 6 or two households outdoors.
No household mixing indoors.



Outdoor attractions, such as zoos, theme parks and drive-in cinemas.



Libraries and community centres.



Personal care premises.



All retail.



Outdoor hospitality.



All children's activities, indoor parent & child groups (up to 15 parents).



Domestic overnight stays (household only).



Self-contained accommodation (household only).



Funerals (30), wakes, weddings, receptions (15).



Minimise travel.
No international holidays.



Event pilots begin.

118. At this point, funerals can continue to proceed with up to 30 attendees. Weddings, receptions, and commemorative events including wakes will be able to take place with up to 15 attendees (in premises that are permitted to open).

STEP 3

At least five weeks after Step 2, no earlier than 17 May.



Indoor entertainment
and attractions.



30 person limit outdoors.
Rule of 6 or two households
indoors (subject to review).



Domestic overnight
stays.



Organised indoor
adult sport.



Most significant
life events (30).



Remaining
outdoor entertainment
(including performances).



Remaining
accommodation.



Some large events (except for pilots)
- capacity limits apply.
Indoor events: 1,000 or 50%.
Outdoor other events: 4,000 or 50%.
Outdoor seated events:
10,000 or 25%.



International travel
- subject to review.

121. At this step, weddings, receptions, funerals, and commemorative events including wakes can proceed with up to 30 attendees. A broader range of stand-alone life events will also be permitted at this step, including bar mitzvahs and christenings.

STEP 4

At least five weeks after Step 3, no earlier than 21 June.
By Step 4, the Government hopes to be able to introduce the following
(subject to review):



No legal limits on
social contact.



Nightclubs.



Larger events.



No legal limit on all
life events.

Social distancing

145. Social distancing is difficult and damaging for businesses and, as a result, it is important to return to as near to normal as quickly as possible. Ahead of Step 4, as more is understood about the impact of vaccines on transmission and a far greater proportion of the population has been vaccinated, the Government will complete a review of social distancing measures and other long-term measures that have been put in place to limit transmission. The results of the review will help inform decisions on the timing and circumstances under which rules on 1m+, face masks and other measures may be lifted.

Behaviours

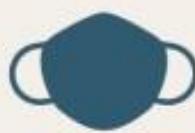
146. Even as restrictions are lifted, it is essential that everyone carries on with the good habits that reduce transmission: remembering 'hands, face, space' and letting fresh air in, getting a test on the first sign of symptoms and self-isolating if it is positive. It is safer to meet outdoors and to avoid large gatherings.

147. Businesses must also continue to take necessary precautions as restrictions ease. The overwhelming majority of the businesses that remained open during the pandemic did so in a COVID-Secure way.

Safe Behaviours



Wash hands frequently, for at least 20 seconds.



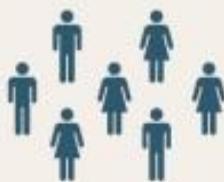
Wear a face covering in enclosed environments.



Maintain space with anyone outside your household or bubble.



Meet with others outdoors where possible.



Minimise the number of different people you meet and the duration of meetings, if possible.



Let fresh air in.



Download the NHS Test & Trace app.



Get a test immediately if you have any symptoms.



Self isolate if you have symptoms, have tested positive, or had contact with someone with COVID-19.